



NEW MOON IN SCORPIO · SUNDAY, 23 OCTOBER 2023

Aries

This ritual is for deep transformation, shared finances, and inner healing.

Something in you has been waiting for the dark to be safe enough to move.

PREPARATION

Face west. Clear the surface before you of anything idle — this space is now a threshold, not a shelf. Silence your phone and dim whatever light feels too loud for what you are about to do. Pour a glass of red wine or dark tea, hold the cup in both hands, and let its warmth move through your palms before you take a single slow sip. Close your eyes and picture the exact thing you are ready to transform — not in broad strokes, but with the weight and texture of lived experience, the specific ache or hunger that brought you here tonight. Open your eyes only when the fear and the readiness feel like the same thing. The ritual begins now.

THE RITUAL

Hold the **carnelian** in your dominant hand and press it firmly against the center of your chest, feeling the stone's weight as a stand-in for everything you carry that is ready to shift.

Light the **red candle** and speak aloud — in plain, unadorned words — the one thing you are willing to let die in you so that something truer can be born, directing your voice toward the flame as if it can hear you, because tonight it can.

Take a pinch of **cinnamon** between your fingers and pass it slowly through the candle's heat — not through the flame itself, but close enough to feel it — breathing in the spice and letting it mark this moment as the point of change.

Set the **carnelian** directly beside the base of the **red candle** and place both hands flat on the surface around them, pressing your palms down as you hold the image of your **transformed self** — not who you were, not who you fear you are, but the version of you who has already moved through this.

Cup the **cinnamon** residue in your palm, step outside or lean toward an open window, and release it into the night air as a final, physical act of sending your intention into the dark of the *Scorpio* new moon.

YOU WILL NEED

red candle

carnelian

cinnamon

♪ deep Tibetan singing bowls or low drone