



NEW MOON IN SCORPIO · SUNDAY, 23 OCTOBER 2023

## Virgo

*This ritual is for communication, learning, and the connections closest to home.*

An idea you have not yet spoken is already changing the shape of things inside you.

### PREPARATION

Face south. Clear your surface of papers, devices, anything that usually demands your words and attention — tonight those tools rest. Let the guitar or birdsong start softly, something that sounds like a morning you have not had yet. Pour a cup of bright herbal tea or black coffee, bring it close, and before drinking, notice that you made this small thing happen with your own two hands. Close your eyes and picture a conversation you want to have, a subject you want to know deeply, or a connection in your neighborhood or close circle that you want to strengthen — not the words you would say, but how you would feel afterwards, lit up and understood. Open your eyes when the curiosity arrives, sharp and genuine. That is the signal.

### THE RITUAL

Rub the **rosemary** briskly between your palms until its oil releases into the air, breathing in with purpose, letting the herb sharpen your mind and signal to your whole nervous system that **clear thought and clear words** are what this night is for.

Light the **brown candle** and speak aloud one thing you have been wanting to learn, one conversation you have been putting off, or one neighbor or sibling you have been meaning to reach — just the fact of it, stated plainly, to the flame.

Hold the **amethyst** to your throat for a slow count of ten, not as performance but as physical intention, feeling the stone rest at the place from which your most honest words emerge.

Set the **amethyst** beside the **brown candle** and lay a sprig of **rosemary** across it, then write — by hand — the first sentence of a message, an essay, or a letter you have owed someone or yourself for too long.

Hold what you have written over the **brown candle**'s warmth for a moment — not to burn it, but to warm it — before folding it and tucking it beneath the **amethyst** as a promise to follow through in the days ahead of this *Scorpio* new moon.

### YOU WILL NEED

brown candle

amethyst

rosemary

♪ light acoustic guitar or morning birdsong