



FULL MOON IN TAURUS · MONDAY, 7 NOVEMBER 2023

Pisces

This ritual is for communication, learning, and local connections.

Words are the first magic — the original technology for building a world — and tonight the full moon in *Taurus* is asking what you want to say, and to whom.

PREPARATION

Face south. Let your space feel lively and open — move things aside so there is room to write, to think, to gesture — this is not a ritual of stillness but of gathering energy. Have paper and a pen within reach before you begin, because the ideas that come tonight are worth catching. Silence the passive scroll of your devices while keeping intentional access — if music is playing, let it be something that quickens the mind gently. Pour a cup of bright, clear tea — green tea, mint, or something with a clean sharp taste — hold it briefly and notice the steam before you drink, letting the sharpness of it wake your senses. Close your eyes and picture a conversation you want to have, a subject you want to learn, a street or a neighborhood full of people you want to know better — let the scene hum with words and ideas and faces. Open your eyes when the image makes you want to reach for your pen. The ritual begins with curiosity.

THE RITUAL

Light the **sea green candle** and place it beside your writing materials, close enough that the light falls across the page, letting the flame mark this as a space where **thought becomes language becomes action**.

Place a few drops of **jasmine** oil on the inside of your wrists or behind your ears, letting the floral, slightly heady scent open the space between your thoughts and your words, because jasmine has long been associated with inspired communication and the courage to express what is genuinely felt.

Hold the **moonstone** in your palm and let your mind move freely for one minute — not directed, just open — and notice which idea or conversation or local connection rises most insistently to the surface, trusting that what comes first is what is most ready.

Write for five uninterrupted minutes — no editing, no second-guessing — about the idea, the person, or the subject that surfaced, letting the **moonstone** rest beside your hand as you write, and finding as you write that **the words know more than you thought they did**.

When you stop, place the **moonstone** on top of what you have written and read only the last sentence you wrote, then blow out the **sea green candle** and let that last sentence be the thing you carry into tomorrow — a beginning, not a conclusion.

YOU WILL NEED

sea green candle

moonstone

jasmine

♪ light acoustic guitar or morning birdsong