



FULL MOON IN TAURUS · MONDAY, 7 NOVEMBER 2023

## Scorpio

*This ritual is for relationships, love, and deep partnerships.*

Real partnership is not found — it is built, moment by careful moment, by people who are willing to be genuinely seen.

### PREPARATION

Face west. Dim the lights and let the room hold some shadow — not because darkness is dramatic, but because tenderness often lives in places that are not fully exposed. Clear your space quietly and without rushing, and if there are any objects that carry the weight of a difficult relationship dynamic, move them gently out of sight. Pour a glass of dark wine or warm tea with honey, hold it at the level of your heart before drinking, and take one slow sip that is simply for the act of nourishing yourself. Close your eyes and picture the relationship or the quality of love that you most want to tend to — not the fantasy version but the true version, with all its texture and complexity — and let yourself feel both the longing and the courage that love asks of you. Open your eyes when the image of that love feels less frightening and more like something worth moving toward. This is where the ritual opens.

### THE RITUAL

Light the **black candle** — not as a symbol of grief but as a symbol of depth, the way a still lake is dark and also full — and let it burn for a full minute as you simply breathe and allow the room to settle into its own quiet.

Hold the **obsidian** in both hands and feel its smooth, cool weight, and let it pull your attention inward toward the place in you that most resists being known by another person, sitting with that place without judgment for at least three slow breaths.

Light a small amount of **myrrh** resin or oil and let the ancient, resinous smoke fill the space slowly — this is a scent of reverence, of something **treated as sacred**, and the relationship you are tending deserves to be held in that register.

Set the **obsidian** beside the **black candle** and speak — aloud, in the direction of the flame — one thing you are willing to offer more of in your closest relationship, making the offer specific and honest rather than vague and comfortable.

Close by pressing both palms flat on the surface before you — feeling the solidity of what holds you — and let the stillness that follows be the ritual's final word, then let the **black candle** burn safely for as long as you choose to sit with the *Taurus* moon's quiet, insistent light.

### YOU WILL NEED

black candle

obsidian

myrrh

♪ chamber strings or soft piano, no lyrics