



NEW MOON IN SAGITTARIUS · TUESDAY, 22 NOVEMBER 2023

Aries

This ritual is for travel, personal beliefs, and expanding your horizons.

Somewhere beyond the edge of what you already know, there is a direction that has been calling your name — and tonight the sky gives you permission to move.

PREPARATION

Face south. Clear the space around you of clutter and noise — push back what is small and ordinary to make room for what is vast. Silence your phone, dim the lights if you can, and pour a glass of red wine or spiced warm tea, holding the cup between both palms for a breath before your first sip. Close your eyes and picture the life you are reaching toward: the landscape, the air, the version of you who has traveled further in mind or body than you ever thought possible — hold that image until you can almost smell the place. Open your eyes only when your chest feels wide. The ritual begins now.

THE RITUAL

Light the **red candle** and let your gaze rest on the flame for a full minute, breathing in the warmth as if the fire itself is orienting you toward something larger.

Hold the **carnelian** in your dominant hand and name, aloud or in a whisper, the belief or destination you are ready to move toward — let the stone warm in your grip as you speak it.

Take a pinch of **cinnamon** and dust it lightly around the base of the candle, moving in a clockwise circle, setting the intention that **every step you take in the coming month carries you further into the life you are meant to explore.**

Sit quietly with the **carnelian** still in your hand and the **red candle** burning before you, and let yourself feel — without editing — the excitement of what is possible under this *New Moon in Sagittarius*.

When you are ready, press the **carnelian** to your heart for three slow breaths, then set it beside the candle to rest there until the flame burns out, sealing your intention in the field of the new moon.

YOU WILL NEED

red candle

carnelian

cinnamon

♪ expansive world music or open orchestral swells