



NEW MOON IN SAGITTARIUS · TUESDAY, 22 NOVEMBER 2023

## Taurus

*This ritual is for deep transformation, shared finances, and inner healing.*

There are things living in the deep water of your life that are ready to be brought to the surface — not to be destroyed, but to be finally seen.

### PREPARATION

Face west. Move through your space slowly and remove anything sharp or chaotic from your immediate environment — this is a place for quiet meeting, not noise. Silence every device and let the room settle into itself before you do. Pour a glass of red wine or warm herbal tea and hold it with both hands, eyes open on the liquid, before taking a single deliberate sip. Close your eyes and descend into the image of what needs to transform — not what you want to gain but what you are finally ready to release or heal — and feel the full weight of it without flinching. Open your eyes only when the weight feels held rather than crushing. Something real begins here.

### THE RITUAL

Light the **green candle** with both hands cupped briefly around the match, acknowledging that you are entering the territory of real change under this *New Moon in Sagittarius*.

Scatter the **rose petals** in a loose circle around the candle, each petal placed with the awareness that **healing and abundance are not opposites — they arrive together**.

Hold the **rose quartz** against the center of your chest and breathe into any area of financial or emotional tension you have been carrying, letting the stone draw the heat of it from your body.

Speak aloud one thing you are releasing — a fear around shared resources, a story about scarcity, a wound that has kept you guarded — and let the **green candle** flame receive it as you speak.

Place the **rose quartz** at the center of the **rose petals** and sit in stillness as the candle burns, letting the image of **wholeness and material steadiness** fill the space where the old story used to live.

### YOU WILL NEED

green candle

rose quartz

rose petals

♪ deep Tibetan singing bowls or low drone