



NEW MOON IN CAPRICORN · THURSDAY, 22 DECEMBER 2023

Taurus

This ritual is for travel, beliefs, and expanding horizons.

There is a version of your life that exists just past the edge of what you currently believe is available to you.

PREPARATION

Face south. Open a window if you can, even a crack — let the outside air remind you that the world does not end at your walls. Tidy the space of clutter and let the music play softly before you begin, so the atmosphere is already shifting by the time you settle. Pour a glass of wine or warm tea, hold it at chest height for a moment, breathe in its steam or scent, and drink slowly. Close your eyes and picture a place you have not yet been — the light there, the smell of the air, the particular feeling of being a stranger who is exactly where they need to be. Open your eyes when that place feels genuinely possible. Something larger is ready to begin.

THE RITUAL

Arrange the **rose petals** in a loose circle on your surface, large enough to place objects within — this is your horizon line, the circumference of a life that is still expanding.

Set the **green candle** at the center of the circle and light it, letting its flame represent **forward motion and the courage of genuine curiosity**.

Place the **rose quartz** inside the circle, close to the candle, and rest one hand over it — not gripping, just resting — as you name aloud one belief you are ready to outgrow and one place, idea, or experience you are ready to move toward.

Lift one **rose petal** and hold it briefly in the candle's warmth — not burning it, just warming it — then set it back down as a sealed offering to the *Capricorn* New Moon, a physical promise that **you will take one concrete step toward expansion before the next full moon**.

Sit with the lit **green candle** and the **rose quartz** in your open palm until the music completes a full phrase, then snuff the flame and keep the stone somewhere visible this week.

YOU WILL NEED

green candle

rose quartz

rose petals

♪ expansive world music or open orchestral