



NEW MOON IN CAPRICORN · THURSDAY, 22 DECEMBER 2023

Gemini

This ritual is for deep transformation, shared finances, and inner healing.

The places in us that feel the most fixed are often the ones that are most ready to move.

PREPARATION

Face west. Dim the lights until the room holds only what it needs to hold, and let the low drone or singing bowls begin before you do anything else — let the sound do its quiet work on the air. Straighten the space with slow, deliberate hands; do not rush a single thing. Pour a cup of warm chamomile or wine and hold it with both hands until it has passed a little of its warmth into your palms, then drink. Close your eyes and allow yourself to picture the thing inside you that is asking to be transformed — not fixed, not erased, but moved through — and follow it to its root without looking away. Open your eyes when you feel steady, not fearless, just steady. What you are about to do is real.

THE RITUAL

Light the **yellow candle** and sit with it in silence for one full minute before touching anything else, letting the contrast between the dark room and the single flame make itself felt in your body.

Take the **citrine** in both hands and hold it at the level of your solar plexus — the seat of personal power — and name aloud, clearly and without softening, **the financial or emotional pattern you are ready to transform** under this *Capricorn* New Moon.

Crush a few sprigs of **lavender** between your fingers and breathe in the released scent deeply, using the inhale to draw in **clarity and the willingness to see clearly**, and the exhale to begin releasing what no longer serves the life you are building.

Place the **citrine** directly in front of the **yellow candle** and scatter the crushed **lavender** around its base, creating a small field of intention that surrounds the stone like an answer.

Sit quietly until the sound of the bowls completes a natural pause, then snuff the **yellow candle** and leave the **citrine** and **lavender** undisturbed overnight before clearing them in the morning.

YOU WILL NEED

yellow candle

citrine

lavender

♪ deep Tibetan singing bowls or low drone