



NEW MOON IN CAPRICORN · THURSDAY, 22 DECEMBER 2023

Cancer

This ritual is about love and close partnerships.

Love at its most honest is not a feeling that arrives — it is a space you learn to keep ready.

PREPARATION

Face west. Soften the room — lower the lights, move anything sharp-edged or unfinished out of sight, let the space feel like somewhere a conversation could breathe. Let the chamber strings begin before you pour your drink, so the music shapes the silence before you do. Hold your cup of warm chamomile tea or white wine in both hands and notice the warmth traveling into your fingers before you bring it to your lips. Close your eyes and picture the relationship you are calling in or deepening — not the fantasy of it but the texture: the way they occupy a room, the way you feel when you do not have to explain yourself. Open your eyes only when that feeling is present in your chest. The door between wanting and receiving is open now.

THE RITUAL

Place the **white candle** where its light can reach your face, and light it with the deliberate slowness of someone who is not in a hurry — because **what you are inviting does not come to those who rush**.

Brew or pour chamomile nearby and allow the scent of **chamomile** to fill the space as you hold the **moonstone** between both palms, feeling its cool smoothness and imagining it as a small held moon — a symbol of **the cyclical, patient nature of real partnership**.

Set the **moonstone** beside the **white candle** and speak aloud three specific qualities — not appearance, not status — that you are genuinely ready to meet in another person under this *Capricorn* New Moon.

Dip one finger into the warm **chamomile** tea and draw a small circle on the surface beneath the candle — a quiet seal, a sign to the new moon that **you are prepared to be as present as you are asking someone else to be**.

Let the **white candle** burn until the music completes a full movement, then snuff it and sleep with the **moonstone** on your nightstand, asking your dreaming mind to show you what is already on its way.

YOU WILL NEED

white candle

moonstone

chamomile

♪ chamber strings or soft piano, no lyrics