



NEW MOON IN CAPRICORN · THURSDAY, 22 DECEMBER 2023

Scorpio

This ritual is for communication, learning, and local connections.

Every conversation you have had that changed you began with someone deciding to say the thing they almost didn't say.

PREPARATION

Face south. Open the windows if it is morning or evening and the air is willing — let sound in, let the birdsong or passing street noise remind you that connection is already happening outside your walls. Tidy the space with energy rather than solemnity — this ritual is alive, not somber. Pour a warm cup of tea or a glass of something bright and hold it at lip height, breathing in before you drink, because the senses are the first messengers. Close your eyes and picture a conversation — a real one, specific, with someone in your actual life — where every word landed and was caught and something new was built between two minds. Open your eyes when you can feel the pleasure of that exchange in your mouth and hands. Words are the oldest form of conjuring.

THE RITUAL

Light the **black candle** without ceremony, as if you are simply getting started, because **the magic of this sphere lives in action, not atmosphere** — and let the acoustic guitar or birdsong carry the mood.

Hold the **obsidian** in your non-dominant hand and feel its glassy smoothness while you speak aloud — in full, unhesitating sentences — the area of learning you are committing to explore and the person or community you are ready to reach toward under this *Capricorn* New Moon.

Light the **myrrh** incense and let the smoke travel where it wants to go, watching it move the way a good conversation moves — unpredictably, finding its own way — and **let that image remind you to listen as much as you speak**.

Write one sentence — on paper, in ink — that begins with 'I am curious about,' and pass it briefly through the **myrrh** smoke before folding it once and placing it beneath the **obsidian** as a sealed intention.

Let the **black candle** burn until the next natural pause in the music, then snuff it and place the **obsidian** in a bag or pocket you will carry this week — a reminder that **every exchange is an opportunity**.

YOU WILL NEED

black candle

obsidian

myrrh

♪ light acoustic guitar or morning birdsong