



FULL MOON IN LEO · MONDAY, 14 FEBRUARY 2023

Gemini

This ritual is for communication, learning, and the connections that sharpen your mind.

Every idea that changed your life arrived first as a small, almost dismissible flicker — and tonight the full moon in *Leo* is asking which flicker you are finally ready to follow.

PREPARATION

Face south. Clear your writing surface or the table before you — remove clutter, close unused tabs, put away anything that competes for your attention — because your mind needs room to move. Let the music play at a volume that feels like company rather than noise, and silence everything else. Brew a cup of tea or pour something light and refreshing, hold it briefly in your hands, and take a slow sip as though you are tasting the beginning of a good idea. Close your eyes and imagine a conversation, a letter, a discovery — something you have been trying to say or understand — and let it move through your mind with the ease it hasn't yet had in waking life. Open your eyes when the image feels fluid and bright, when the words almost arrange themselves. The ritual begins now.

THE RITUAL

Light the **yellow candle** and let the brightness of it remind you that **clarity is not something you wait for — it is something you create.**

Crush a pinch of **lavender** between your fingers and breathe it in slowly, letting the scent clear whatever mental residue the day has left behind.

Set the **citrine** directly in front of the candle so the flame's light moves through it, then take out a pen and paper and write — without lifting the pen — **every word, name, or idea** that has been waiting for space.

Read back what you have written without editing it, holding the **citrine** in one hand, noticing which line or word makes something in you go quiet with recognition.

Circle that word or line, place the **citrine** on top of the paper, and let the **yellow candle** burn while you sit with the particular **message you most needed to receive from yourself.**

YOU WILL NEED

yellow candle

citrine

lavender

♪ light acoustic guitar or morning birdsong