



NEW MOON IN ARIES · TUESDAY, 1 MARCH 2023

Sagittarius

This ritual is for romance, creativity, and joy.

Joy is not a reward waiting at the end of sufficient effort — it is a direction you can choose to move in right now.

PREPARATION

Face south. Arrange your space with a light and generous hand — nothing too rigid, nothing too sparse — and let the room feel like a place where something delightful could spontaneously happen. Silence your obligations for the duration of this ritual without guilt, because joy is not frivolous, it is the evidence that you are fully alive. Pour a glass of something you genuinely love — a wine that makes you smile, a sparkling water with lemon and honey — hold it with pleasure rather than duty, sip it slowly, let it taste like exactly what it is. Close your eyes and let yourself feel the specific texture of joy: the project that makes you lose track of time, the person whose presence makes everything funnier, the creative act that has been sitting at the edge of your attention asking to be made. Open your eyes when you feel something in you lean toward it.

THE RITUAL

Light the **purple candle** with a flourish rather than a formality, and let the act of lighting it be your first creative choice of the evening — something done with genuine flair.

Burn a bundle or pinch of **sage** and move it slowly through the air around you, clearing the residue of seriousness and obligation so that what remains in the space is **genuinely open to pleasure, play, and creative possibility** under this *New Moon in Aries*.

Hold the **lapis lazuli** to your throat — the seat of creative expression — and name aloud without editing one romantic desire and one creative project you have been keeping too quiet for too long.

Set the **lapis lazuli** before the **purple candle** and spend ten minutes doing anything that is purely, unapologetically fun — sketch something, dance to one song, write the first line of the story you have been deferring — using the stone's presence as a **reminder that creative acts seeded at the New Moon carry real momentum**.

Close by pressing the **lapis lazuli** briefly to your heart and promising yourself one concrete date — a day, a time — when you will return to the project or pleasure you just named, then set the stone somewhere you will see it daily.

YOU WILL NEED

purple candle

lapis lazuli

sage

♪ gentle jazz or sensual acoustic strings