



NEW MOON IN TAURUS · FRIDAY, 29 APRIL 2023

Pisces

This ritual is about communication, learning, and connection in your immediate world.

Every idea that has ever changed your life arrived first as a small, unlikely sentence — and tonight the *New Moon in Taurus* is asking what sentences you are ready to send out into the world.

PREPARATION

Face south. Let the energy of this direction wake something in you — the south is quick, social, full of light and exchange — and feel it as permission to let your mind move freely tonight rather than anchor everything down. Tidy your space lightly, the way you might clear a desk before sitting down to write something you are genuinely curious about. Pour yourself a glass of something light and lovely — sparkling water, white wine, something with brightness to it — and hold it up for a moment before drinking, as if making a toast to every conversation you have not had yet, every idea still arriving. Close your eyes and picture yourself in easy, flowing exchange with the world around you: a perfect conversation, a piece of writing or learning that comes effortlessly, the specific pleasure of being genuinely understood by someone close to you. Open your eyes when the picture makes you feel light rather than wistful. Words are the magic tonight, and yours are ready.

THE RITUAL

Light the **sea green candle** and feel the particular quality of its color — water and air together — as a reflection of the **fluid, curious mind** you are feeding under this *New Moon in Taurus*.

Breathe in the scent of **jasmine** from the bloom or the oil, letting it open something in the upper chest — the place where words form before they find their shape — and with that breath, release any hesitation about what you have to say or offer.

Hold the **moonstone** lightly in your writing hand and speak or write, unedited, for two full minutes about the one subject, skill, or conversation you most want to pursue before this moon completes its cycle.

Set the **moonstone** beside the **sea green candle** and tuck a small sprig or drop of **jasmine** beside it — stone for the intuition, flower for the expression — a pair of collaborators placed in service of everything you are learning to say.

Blow gently across the surface of the **moonstone** as if sending a letter, then speak the name of one person in your immediate world you intend to connect with more meaningfully before the next new moon, and let the candle witness it.

YOU WILL NEED

sea green candle

moonstone

jasmine

♪ light acoustic guitar or morning birdsong