



NEW MOON IN TAURUS · FRIDAY, 29 APRIL 2023

## Libra

*This ritual is about deep transformation, shared finances, and inner healing.*

The deepest rooms in us are not dark because something is wrong with them — they are dark because no one thought to bring a light.

### PREPARATION

Face west. Do not rush this. The west is where the sun ends its work, where water goes, where things that have needed tending for a long time finally receive attention. Dim your space until it feels like the inside of something — a cave, a heart — and move aside anything sharp-edged or utilitarian. Pour yourself a glass of dark wine or warm hibiscus tea, hold it with both hands, and feel the weight of it before you drink — because what this ritual asks you to carry is not light, and it is good to practice holding things gently. Close your eyes and go to the part of yourself that has been waiting to be seen — the place where money and power and the deepest room of your relationships all meet — and simply look at it without flinching for one breath, then two. Open your eyes when you feel something quiet that is not the same as comfortable, and know the difference. What you are about to do takes a particular kind of courage.

### THE RITUAL

Light the **pink candle** and let its soft warmth be evidence that **transformation and healing** do not require harshness — only the willingness to stay present with the *New Moon in Taurus* doing its slow, sure work.

Place one drop of **ylang ylang** on the inside of each wrist, then press your wrists together gently and hold them for a breath — a private handshake between the part of you that is afraid and the part that is ready.

Hold the **rose quartz** against the center of your chest and name — quietly, without needing anyone to hear it — the one thing in your shared life, your finances, or your inner landscape that you are ready to allow to change.

Set the **rose quartz** at the base of the **pink candle** and let the warmth of the flame reach it, understanding that you have placed your intention close to something living and it will be tended.

Sit with the **ylang ylang** scent on your wrists and the light of the candle for as long as it takes for your shoulders to drop — when they do, the ritual has been received, and you may go.

### YOU WILL NEED

pink candle

rose quartz

ylang ylang

♪ deep Tibetan singing bowls or low drone