



FULL MOON IN SCORPIO · SATURDAY, 14 MAY 2023

Capricorn

This ritual is for friendships, community, and future goals.

The future you are imagining is not a solo construction — it was always being built by the quality of the people you choose to stand beside.

PREPARATION

Face south. Arrange the space with a generosity of spirit — make it welcoming, as if you are preparing for guests, even though you are alone, because tonight you are calling in the energy of community and the warmth of people who genuinely see you. Silence your devices and let the choral or ambient sound fill the room with a quality of shared resonance — the feeling of many voices or many people oriented toward the same horizon. Pour a glass of something celebratory or warm — sparkling water, a light wine, or a mint and lemon tea — hold it in both hands and take one sip that feels like a toast, a small private acknowledgment that something good is being made. Close your eyes and picture yourself surrounded by people who match your values and your ambition — see their faces clearly if you can, or simply feel the texture of that belonging — what it sounds and smells and feels like to be part of a community that is building something real together. Open your eyes only when that feeling seems to have found a home in your chest. The ritual begins now.

THE RITUAL

Light the **dark green candle** and let its deep, forest color remind you that growth is rarely solitary — the oldest trees in the world are connected underground, and so are you, to more people than you currently know.

Hold the **black tourmaline** in both hands and feel its grounding density — this stone is here not to protect you from others but to keep you rooted in yourself as you open outward, so that your connections are built on **genuine presence rather than performed belonging**.

Bring two drops of **cypress** essential oil to your palms, press them together, and breathe in its clean, resinous scent — three deep breaths for the three things you most want your community and your future to contain.

With the **black tourmaline** in your dominant hand, speak aloud the names of people already in your life whose presence genuinely elevates you, followed by one quality of connection or collaboration you are calling in that does not yet exist but is ready to.

Place the **black tourmaline** at the base of the burning **dark green candle**, touch the remaining **cypress** oil to the back of your neck, and sit quietly until the candle has burned for at least twenty minutes — sealing your **intention for future, community, and collective flourishing**.

YOU WILL NEED

dark green candle

black tourmaline

cypress

♪ uplifting ambient or soft choral tones