



FULL MOON IN SCORPIO · SATURDAY, 14 MAY 2023

Aquarius

This ritual is about career, ambition, and public life.

Ambition is simply love directed toward the future — and what you build with your hands and your mind and your name is worth the full force of that love.

PREPARATION

Face east. Stand before you set up the space, and feel the east — the direction of emergence, of things coming into visibility, of the sun that does not ask permission to rise. Clear the surface in front of you with efficient hands, leaving nothing that distracts or diminishes, so that what remains is only what belongs to your ambition and your public purpose. Silence your phone and let the ambient sound or drumming begin at a measured, focused volume that feels less like relaxation and more like the sound of approaching certainty. Pour a black coffee or a strong, clear green tea, hold the cup in one hand, feel its weight and temperature as something real and present, and take one sip that is unhurried and completely without apology. Close your eyes and picture yourself at the exact peak of the professional life you are building — the work you are doing, the way your name is known, the specific satisfaction of having been seen clearly by the world for exactly what you are capable of. Open your eyes only when that image no longer feels like arrogance but like a destination with coordinates. The ritual begins now.

THE RITUAL

Light the **blue candle** with a decisive, single strike and watch it stabilize — blue for clarity, for the sky at the exact moment before sunrise, for the mind that knows where it is going and has stopped pretending otherwise.

Apply one drop of **bergamot** oil to each wrist and bring them to your face, breathing in the sharp, clarifying citrus scent — three slow breaths that open the mind like a window, releasing any residual contraction around what you want professionally and who you are willing to become to get it.

Hold the **aquamarine** in your dominant hand and look at its clear, pale blue depth, letting it represent the quality of **calm, visible, undeniable competence** you are claiming as your public identity from this moment forward.

Speak aloud — clearly, in complete sentences, without hedging — your most specific and honest professional ambition: the title, the scale, the kind of work, the impact you intend to have, and the version of yourself required to achieve it.

Place the **aquamarine** directly before the **blue candle**, touch the remaining **bergamot** to your temples, and sit in the focused silence of someone who has made a decision — letting the candle burn down as the quiet, ceremonial ratification of **your direction**.

YOU WILL NEED

blue candle

aquamarine

bergamot

♪ minimal focused ambient or slow ceremonial drumming