



FULL MOON IN SCORPIO · SATURDAY, 14 MAY 2023

## Taurus

*This ritual is about love and close partnerships.*

The heart does not need to be forced open tonight — it needs only to be reminded that opening is safe.

### PREPARATION

Face west. Soften the room — fold away anything sharp-edged or cluttered, and if you have a cloth or scarf in a warm color, lay it beneath the space where you will work, so the surface itself feels like an invitation. Silence your devices, and let the music begin before you do anything else, so the sound has time to settle the air around you. Pour a glass of rosé wine or a cup of rose or hibiscus tea, hold it between both palms, breathe in its fragrance, and take one slow and genuinely savored sip before placing it gently down. Close your eyes and picture, with the specificity of a memory you want to keep, what it feels like to be truly, unhurriedly loved — the warmth of proximity, the ease of being known, the particular relief of not performing. Open them only when that feeling becomes something you can hold without straining. The ritual begins now.

### THE RITUAL

Light the **green candle** slowly and with full attention, understanding its flame as the living warmth of a love that is already moving toward you even as you sit here.

Take the **rose quartz** in both hands and hold it at the level of your heart, breathing in for four counts and out for six, letting the stone's weight settle the nervous, effortful part of you that confuses yearning with action.

Scatter the **rose petals** in a loose circle around the candle — not a perfect circle, a generous one — and as each petal falls, let it represent one quality of **true and reciprocal partnership** you are calling toward you.

With one finger, trace the outline of the **rose quartz** and say aloud the name or the quality of the person or the love you are ready to fully receive, not as a demand but as a calm, clear declaration.

Place the **rose quartz** among the **rose petals** at the base of the glowing **green candle**, pressing it gently into place as a seal — this arrangement remains undisturbed until the candle has burned completely down.

### YOU WILL NEED

green candle

rose quartz

rose petals

♪ chamber strings or soft piano, no lyrics