



FULL MOON IN SAGITTARIUS · MONDAY, 13 JUNE 2023

## Leo

*This ritual is for romance, creativity, and the full experience of joy.*

Desire and delight are not distractions from a meaningful life — they are the whole point of this particular moon.

### PREPARATION

Face south. Make the space feel like somewhere you would choose to spend an evening you would remember — rearrange something, add a cushion, pour yourself something you actually enjoy. Silence the noise of obligation and let the music move through the room before you begin. Pour a glass of something celebratory — wine, sparkling water with citrus, whatever feels like a treat rather than a duty — hold the glass up to the candlelight for a moment before your first sip. Close your eyes and picture joy as a physical experience: the expansion in your chest when something delights you, the particular color of a moment when you are fully alive in it, the feeling of creative work flowing through your hands like water finding its level. Open your eyes when that feeling visits you, even briefly. The ritual begins now.

### THE RITUAL

Light the **gold candle** with the deliberateness of someone who knows that making things beautiful is an act of power, not vanity.

Hold the **pyrite** in your dominant hand and let its weight and metallic glint remind you that **abundance and creative force are material realities, not fantasies** — feel that certainty move from the stone into your palm.

Light a small amount of **frankincense** resin or incense and let the smoke curl upward as you name aloud one creative act you have been withholding from yourself and one romantic gesture — toward another or toward your own life — you are ready to make.

Dance, move, or simply sit with your eyes open and let yourself feel pleasure in the candlelight for sixty uninterrupted seconds, because the body's willingness to feel good is itself an act of ritual under the *Sagittarius* full moon.

Place the **pyrite** directly in the halo of light from the **gold candle** and let the **frankincense** finish burning as the seal — what was named in joy is now held by the moon.

### YOU WILL NEED

gold candle

pyrite

frankincense

♪ gentle jazz or sensual acoustic strings