



FULL MOON IN SAGITTARIUS · MONDAY, 13 JUNE 2023

Libra

This ritual is for communication, learning, and the connections closest to your daily life.

There is a conversation waiting to happen that could change the shape of your daily life — this moon is clearing the channel.

PREPARATION

Face south. Clear your table or surface of anything that is not part of this ritual, because the mind needs visible order to move freely and tonight the mind is the instrument. Silence notifications and let the music play lightly in the room as though it arrived naturally rather than by invitation. Pour a cup of herbal tea or a glass of something crisp and light, hold it in one hand, and let yourself simply enjoy the taste — no ceremony, just pleasure — before setting it down. Close your eyes and picture a conversation that has been waiting to happen: the exact right words arriving easily, the other person genuinely listening, the space between you humming with the particular frequency of being truly understood. Open your eyes when the picture feels possible rather than wishful. The ritual begins now.

THE RITUAL

Light the **pink candle** and let its soft warmth remind you that the most effective communication moves through warmth rather than armor.

Place a drop or two of **ylang ylang** oil on your fingertips and press them lightly to your throat, your temples, and the inside of your wrists, because **the body must be open for words to move through it cleanly**.

Hold the **rose quartz** and speak — aloud, not in your head — one thing you have been meaning to say to someone in your immediate world, practicing the words until they feel true rather than rehearsed.

Write on a small piece of paper one subject you want to understand better, one connection you want to strengthen, and one word that describes how you want to communicate going forward, then fold the paper once and hold it briefly over the candle flame without burning it.

Set the **rose quartz** on top of the folded paper in the light of the **pink candle**, and let the faint sweetness of the **ylang ylang** linger in the air as the *Sagittarius* full moon carries the intention forward.

YOU WILL NEED

pink candle

rose quartz

ylang ylang

♪ light acoustic guitar or morning birdsong