



NEW MOON IN CANCER · MONDAY, 27 JUNE 2023

Aries

This ritual is for home, family, and emotional roots.

The roots of a life do not grow themselves — they are tended, in moments exactly like this one.

PREPARATION

Face north. Clear a small surface in your home — wipe it clean, straighten what is crooked, and let the act of tidying be the first prayer. Silence your phone and close any open doors, so the space holds only what you choose to bring into it. Pour a glass of warm tea, cradle it in both hands, and let the heat travel up through your palms before you take a single sip. Close your eyes and picture the home, the family, the sense of belonging you are calling into being — feel the warmth of the rooms, hear the voices you love, smell what safety smells like to you. Open your eyes only when a quiet certainty settles in your chest, like a fire that has found its wood.

THE RITUAL

Light the **red candle** and set it at the center of your space, watching the flame take hold as you hold the intention of **a home that truly shelters you**.

Hold the **carnelian** in your dominant hand and press it gently over your heart, breathing in slowly until you feel the stone grow warm against your skin and **your sense of belonging** begins to pulse beneath it.

Take a small pinch of **cinnamon** and dust it in a slow circle around the base of the candle, moving clockwise, drawing the boundary of the home you are calling in tighter and warmer with every pass.

Speak aloud, in plain and honest words, one true thing about what you need from your family or your home right now — not a wish, but a **declaration of what is real and what you are ready to receive**.

Cup both hands around the candle's warmth without touching the flame, hold there for three full breaths, then blow the candle out slowly and deliberately, sealing everything you have named into the smoke as it rises.

YOU WILL NEED

red candle

carnelian

cinnamon

♪ soft rain and warm piano, no lyrics