



NEW MOON IN CANCER · MONDAY, 27 JUNE 2023

## Sagittarius

*This ritual is for deep transformation, shared finances, and inner healing.*

The deepest healing does not begin with a wound — it begins with the willingness to look at it without turning away.

### PREPARATION

Face west. Dim the room until it feels like a space between sleeping and waking — not dark enough to be frightening, but soft enough to be honest. Move slowly; this ritual does not reward rushing. Pour a small glass of wine or dark tea, hold it a long moment at heart level, and sip it as though you are drinking something that matters. Close your eyes and descend inward — past the surface of daily life, past the explanations and the defenses — until you reach a place where something real is waiting to be seen. Open your eyes only when you feel you have touched the thing you came here to meet.

### THE RITUAL

Light the **purple candle** and set it below eye level if possible, so the light rises rather than falls, and let it stand for **the wisdom that lives beneath the surface of things** waiting to be acknowledged.

Light the **sage** and move it slowly through your own energy field — from feet to crown — not to purify but to **make clear the space where transformation is about to take root**.

Hold the **lapis lazuli** in both hands and close your eyes, breathing into the heaviness of whatever has been sitting unexamined in your financial or emotional life — you do not have to solve it tonight, only let yourself feel the **full honest weight of it without flinching**.

With the stone still in hand and your eyes open, say aloud the one true thing about your inner life that you have been most reluctant to admit — not as confession, but as **recognition, which is where every real change begins**.

Place the lapis lazuli directly in front of the candle flame and watch the two sit together in silence for several minutes, then snuff the flame slowly, leaving the stone in place overnight as a **sealed agreement between you and the change you have chosen**.

### YOU WILL NEED

purple candle

lapis lazuli

sage

♪ deep Tibetan singing bowls or low drone