



NEW MOON IN LEO · TUESDAY, 26 JULY 2023

## Sagittarius

*This ritual is for travel, beliefs, and expanding horizons.*

The world is genuinely larger than the life you have been living inside, and something in you already knows this.

### PREPARATION

Face south. Open a window if you can — even a crack — because this ritual asks for moving air, and what you are calling in comes from somewhere outside the room you are sitting in. Let world music or sweeping orchestral sound carry the sense of distance and possibility into the space around you. Pour a glass of something from somewhere — an imported wine, a tea from a distant place, a sparkling water you drink as though it has already traveled — and hold it with both hands before your first sip, imagining the distance it covered to reach you. Close your eyes and picture the horizon expanding: a country you have not seen, a belief you have not yet had the courage to hold, a version of yourself that stands somewhere completely different than where you are now and is thriving there. Open your eyes when that horizon feels close enough to walk toward. The ritual begins now.

### THE RITUAL

Light the **purple candle** and set it near the open edge of your space — a window, a door, the direction of south — as a signal to whatever is beyond your current life that **you are ready to go further**.

Hold the **lapis lazuli** up to the candlelight and look at its sky-blue surface, and name aloud the one destination — physical, intellectual, or spiritual — that you are setting your course toward under this *New Moon in Leo*.

Light a bundle of **sage** and move it slowly through the air around you, starting at your feet and moving upward, clearing the accumulated smallness of routine and familiarity to make room for **expansion and new belief**.

Close your eyes with the **lapis lazuli** pressed to your forehead — the seat of vision — and hold there for three full breaths, asking simply and without agenda: **what is the next true thing I am meant to see?**

Open your eyes, set the **lapis lazuli** in front of the **purple candle**, and let the remaining sage smoke carry your intention outward and away from the room, releasing it toward the horizon you have named.

### YOU WILL NEED

purple candle

lapis lazuli

sage

♪ expansive world music or open orchestral