



FULL MOON IN AQUARIUS · THURSDAY, 11 AUGUST 2023

Aries

This ritual is for friendships, community, and the future you are building together.

Every circle you have ever belonged to was quietly shaped by the fire you brought into the room.

PREPARATION

Face south. Clear the surface before you of anything that does not belong to this moment — a tidy space tells the work you mean it. Silence your phone and let the room settle into its own quiet. Pour a glass of red wine or something warm and spiced, hold the cup in both hands, and feel the heat of it before you take a single sip. Close your eyes and picture the people who matter most to you — their faces, their voices, the specific texture of their presence — and alongside them, picture the future you are moving toward together, as vivid and detailed as a dream you refuse to let go of. Open your eyes only when that image feels solid enough to carry.

THE RITUAL

Light the **red candle** and hold your gaze on the flame for a full breath, letting it stand for every person whose presence makes your future feel possible.

Take the **carnelian** in your dominant hand and feel its weight — run your thumb over its surface and pour into it your **clearest intention for the community you are calling in**, as though the stone were a vessel that could hold it.

Pinch a small measure of **cinnamon** between your fingers and release it slowly into the candle flame or scatter it in a circle around the base of the candle, letting the warm spice carry your **vision of the future** outward like a signal fire visible to those who belong in your life.

Speak aloud — or write on a slip of paper — the names of the people or the qualities of the community you are calling toward you under this *Aquarius* Full Moon, making each name or word deliberate and unhurried.

Place the **carnelian** beside the **red candle** and let both remain until the candle burns low, understanding that the seal is set — the future and the people in it have been given direction.

YOU WILL NEED

red candle

carnelian

cinnamon

♪ uplifting ambient or soft choral tones