



FULL MOON IN AQUARIUS · THURSDAY, 11 AUGUST 2023

Taurus

This ritual is for career, ambition, and the mark you are making in the world.

There is a kind of ambition that does not shout — it simply persists, season after season, until the work is undeniable.

PREPARATION

Face east. Arrange your space with intention — straighten what is crooked, remove what is scattered, and let the surface before you become a table worthy of serious work. Silence every device and allow the room to hold only the sound of your breathing and whatever music you have chosen. Pour a cup of warm tea — something earthy or floral — and hold it in both hands before you drink, feeling the steadiness of the cup itself. Close your eyes and picture your professional life not as it is today but as it looks when it is fully realized: the room, the role, the quiet confidence on your face. Open them only when that vision feels less like a wish and more like a plan.

THE RITUAL

Light the **green candle** with a slow, deliberate strike, and let the act of lighting it mean something — this flame is your **commitment to the path you have chosen**.

Hold the **rose quartz** at the level of your heart for a moment before placing it on the surface before you, acknowledging that the most enduring careers are built on work that genuinely matters to the person doing it.

Take a few **rose petals** and arrange them in a loose arc around the base of the candle, each petal placed with the quiet intention of **softening whatever has made your ambition feel like a burden** rather than a direction.

With the **green candle** still burning, write down one clear, concrete step toward your professional goal — not a wish, but an action — and fold the paper once toward you.

Set the folded paper beneath the **rose quartz** and leave it there until morning, letting the weight of the stone press your **intention into something solid** under the light of the *Aquarius* Full Moon.

YOU WILL NEED

green candle

rose quartz

rose petals

♪ minimal focused ambient or slow ceremonial drumming