



NEW MOON IN LIBRA · SATURDAY, 24 SEPTEMBER 2023

## Pisces

*This ritual is for deep transformation, shared resources, and inner healing.*

What you have been circling in the dark, unwilling to name — this New Moon in *Libra* offers you a single clear moment to walk toward it instead.

### PREPARATION

Face west. Dim the room until it is close to dark — what you are meeting tonight lives below the surface, and brightness is not its language. Let the space become quiet by degrees: silence your phone, close the door, let the sound you have chosen be the only thing that moves through the room. Pour a small glass of dark wine or a cup of deeply steeped herbal tea, hold it in both hands and feel its weight as if it holds everything you are bringing to this moment — every complicated feeling about money, about intimacy, about what has been lost or given away — and take one long, slow sip as an act of acknowledgment. Close your eyes and go toward the thing you have been unwilling to look at directly: the shared account, the inherited wound, the piece of yourself that was broken in the proximity of another person and has not yet been put back together. See it clearly and without turning away. Open your eyes only when you feel less afraid of it and more curious. The ritual begins now.

### THE RITUAL

Light the **sea green candle** and let the color of its wax remind you that transformation is not destruction — it is the ocean changing form, and you have survived every tide that came before this one.

Hold the **moonstone** in both hands and breathe into it slowly, letting the stone draw out the specific fear or wound or financial weight that has been sitting beneath your conscious life, and giving it — for this moment — a name in the privacy of your own mind.

Place one drop of **jasmine** oil on your wrist and one at the back of your neck, letting the rich, nocturnal scent move through you as an affirmation that **deep healing and genuine transformation are not punishments but passages.**

Sit with the **moonstone** in your lap, the **jasmine** still alive on your skin, and the **sea green candle** burning before you, and do nothing for five full minutes except breathe and allow — the most powerful act of this ritual is the willingness to remain present with what is real.

When the five minutes pass, place the **moonstone** directly before the **sea green candle** and press two fingers gently to its surface, sealing inside it the intention that **the healing you have named tonight is now actively in motion**, moving through the dark toward the light at the other side.

### YOU WILL NEED

sea green candle

moonstone

jasmine

♪ deep Tibetan singing bowls or low drone