



FULL MOON IN LEO · FRIDAY, 3 FEBRUARY 2024

Libra

This ritual is for friendships, community, and the future you are building alongside others.

A single genuine connection can redirect a life — and tonight the full moon in *Leo* is asking you to look clearly at who you are choosing to build yours with.

PREPARATION

Face south. Before you begin, think for a moment about the people who orbit your life — the ones who show up, the ones you have been meaning to reach, the ones you want to draw closer — because this ritual is made of that thinking. Tidy your space warmly, the way you would if a friend were about to arrive, and let the music play softly enough to feel like shared atmosphere. Pour a glass of wine or something warm and sweet, hold it lightly, and take a slow sip with a feeling of generosity — toward them, toward the future you are imagining together. Close your eyes and picture your circle as it could be: the easy dinners, the projects, the conversations that go somewhere real, the particular faces that make your life larger. Open your eyes when that vision carries warmth rather than longing. The ritual begins now.

THE RITUAL

Light the **pink candle** and let its color remind you that **warmth is not weakness — it is the thing that holds communities together.**

Place a few drops of **ylang ylang** oil on your wrists or on a cloth nearby and breathe it in slowly, letting its sweetness soften the part of you that finds it hard to reach toward others.

Hold the **rose quartz** in both hands and name aloud — generously, without hesitation — **three people or one community** that you are calling more fully into your life.

Set the **rose quartz** beside the **pink candle** and write, on a small piece of paper, **one concrete act you will take this week** to tend one of those connections — a message sent, a meeting suggested, a door opened.

Fold the paper and tuck it beneath the **rose quartz**, let the **pink candle** burn a while longer, and close the ritual by drinking the last of your glass slowly — as though **toasting what is already on its way.**

YOU WILL NEED

pink candle

rose quartz

ylang ylang

♪ uplifting ambient or soft choral tones