



NEW MOON IN TAURUS · WEDNESDAY, 19 APRIL 2024

Aquarius

This ritual is about home, family, and emotional roots.

Somewhere inside you is a room that was built a very long time ago by people who loved you imperfectly and powerfully, and it is asking, tonight, to be tended.

PREPARATION

Face north. Slow down immediately — this ritual is not interested in efficiency. The north holds the memory of what is deep and old and yours by inheritance, and you are about to go there. Make your space feel like the inside of a home: tuck away anything that feels like obligation, bring in something soft to hold or sit on, let the room close around you like a room that knows you. Pour yourself something genuinely comforting — warm tea with honey, warm milk, something that smells of your own kitchen — and hold it with both hands before sipping, feeling the heat travel into your palms. Close your eyes and go home in the truest sense of the word — not necessarily a building, but the feeling: who gave it to you, what it smelled like, the specific quality of the light, the people who moved through it, what they gave you that you are still carrying. Open your eyes only when your chest feels something — grief or gratitude or both — and know that both are welcome here. What you come from is not separate from what you are building.

THE RITUAL

Light the **blue candle** and let its steady, quiet glow stand for the *New Moon in Taurus* and for the **home and emotional inheritance** you are choosing to tend consciously from this night forward.

Open a drop of **bergamot** oil and breathe it in from your palms, then pass your palms slowly over the space before you as if smoothing a cloth over a table that is about to be used for something important.

Hold the **aquamarine** against your throat and feel its coolness there, at the place where what is felt and what is said meets — and let one true thing about your roots, your home, or your family simply be acknowledged inside you, without needing to be fixed.

Set the **aquamarine** before the **blue candle** and place a single drop of **bergamot** on the surface near it as an offering — fragrant, transient, genuinely meant.

Sit with the candle until the **bergamot** has faded and only the warmth of the **blue candle** and the cool of the **aquamarine** remain, and let the quiet between them be the last word.

YOU WILL NEED

blue candle

aquamarine

bergamot

♪ soft rain and warm piano, no lyrics