



FULL MOON IN SAGITTARIUS · FRIDAY, 2 JUNE 2024

## Aquarius

*This ritual is for friendships, community, and the future you are building alongside others.*

The future you keep imagining alone is actually full of people — they are finding their way toward you even now.

### PREPARATION

Face south. Before you begin, think briefly of the faces of the people who belong in your life — not all of them, just the ones who make the future feel possible — and let that feeling of warmth move into how you arrange your space. Soften the lighting, clear a generous amount of room, make the space feel like somewhere a good conversation might happen. Silence your notifications and let the choral or ambient music open the room up rather than close it down. Pour something you would share — good tea, wine, sparkling water — hold the glass as though you are about to raise it in a toast, take a sip, and feel the warmth of that gesture without needing anyone else in the room for it. Close your eyes and picture your community as a living, breathing network of real people connected by genuine affection and shared purpose — see it whole, luminous, already real. Open your eyes when the loneliness, if any, has quieted. The ritual begins now.

### THE RITUAL

Light the **blue candle** and let its calm brightness remind you that the truest communities are built not on need but on resonance — on the pleasure of being genuinely seen by people who are also genuinely themselves.

Place a drop of **bergamot** oil on your left wrist and right wrist, pressing them together briefly — **a gesture of the self meeting the world and finding the encounter worth making** — then breathe the scent in slowly.

Hold the **aquamarine** and speak aloud the names of three people you want to invest in more deliberately: one friendship you want to deepen, one community you want to contribute to, and one future collaborator you are ready to find.

Write on paper one specific, concrete action you will take before the next new moon to strengthen or create a connection — a message you will send, an event you will attend, a conversation you will initiate — and read it aloud as a commitment rather than a hope.

Place the **aquamarine** on top of the folded paper in the light of the **blue candle**, let the last of the **bergamot** fragrance drift through the space, and feel the *Sagittarius* full moon holding both the intention and the people it will draw toward you.

### YOU WILL NEED

blue candle

aquamarine

bergamot

♪ uplifting ambient or soft choral tones