



FULL MOON IN ARIES · THURSDAY, 28 SEPTEMBER 2024

Capricorn

This ritual is about home, family, and emotional roots.

Beneath all ambition and all noise, there is a place in you that simply wants to feel at home in your own life.

PREPARATION

Face north. Warm your space before you begin — close a window if the air is cold, pull a blanket nearby, let the room feel sheltered because tonight is about the places and people that have held you. Silence your phone and anything that carries the noise of the outside world, because what matters here is closer, older, and quieter than all of that. Pour a cup of something warm — tea, broth, anything that feels like being cared for — and hold the cup in both hands before drinking, feeling its heat as a kind of homecoming. Close your eyes and travel back through the rooms that made you: a kitchen, a voice, the particular light of somewhere you once belonged — and then picture the home you are building now, and feel how those two things are the same river. Open your eyes when you feel both the ache and the warmth of it at once. The ritual begins now.

THE RITUAL

Light the **dark green candle** slowly, as you would light a hearth — with intention, with the understanding that this flame is for warmth and shelter, for **the emotional security that everything else in your life is built upon**.

Diffuse or breathe the scent of **cypress** directly — let it ground you immediately in something old and enduring, the way deep-rooted trees carry both their history and their living growth in the same body.

Hold the **black tourmaline** and feel its density and weight, letting it anchor you in the present moment while you think clearly about **what your home — physical or emotional — needs from you right now**.

Speak aloud the name of one person who is your home, or name the quality of home you are actively building — let the *Aries* full moon hear it as both a gratitude and a commitment.

Place the **black tourmaline** at the base of the **dark green candle** and sit in the candlelight for as long as feels right, letting the soft warmth of it remind you that **rooting is not a small thing — it is the whole foundation**.

YOU WILL NEED

dark green candle

black tourmaline

cypress

♪ soft rain and warm piano, no lyrics