



FULL MOON IN PISCES · SATURDAY, 6 SEPTEMBER 2036

## Pisces

*This ritual is for personal identity, confidence, and new beginnings.*

Under every full moon, someone becomes more fully themselves — and tonight, in *Pisces*, that someone is you.

### PREPARATION

Face east. Stand for a moment before you sit — feel the full height of yourself, your feet on the floor, your spine long, your face turned toward the direction of every sunrise that has ever begun a new chapter. Clear the surface before you deliberately, as though making a stage. Silence your phone and let the music be bold enough that you feel it in your chest. Pour a glass of wine or warm tea, hold it upright, take a decisive first sip, and let it taste like a beginning. Close your eyes and picture yourself — not as you have been, but as you are becoming: your face, your posture, your voice, the particular quality of your presence when you are fully, unapologetically yourself. Open your eyes when that person and the person standing here feel like one and the same.

### THE RITUAL

Light the **sea green candle** facing east and let the flame feel like the first light of something that does not yet have a name but is already, unmistakably, yours.

Hold the **moonstone** in your dominant hand and look at it directly — this stone carries the light of every moon that came before this one, and it is ready to carry **the image of the person you are declaring yourself to be** under this luminous *Pisces* fullness.

Place a drop of **jasmine** oil at the base of your throat and breathe it in fully, letting its heady, blooming scent feel like the sensory signature of **a new beginning that lives in the body first and the world second**.

Speak your own name aloud three times into the candle flame — not as introduction, but as declaration — following it each time with one word that describes **who you are choosing to be from this night forward**.

Place the **moonstone** directly in front of the **sea green candle** and let both glow together until you feel the certainty settle in your chest like a stone finding the bottom of a clear lake — then seal the ritual by extinguishing the flame, knowing the east has received you.

### YOU WILL NEED

sea green candle

moonstone

jasmine

♪ energetic drumming or bold orchestral swells