



NEW MOON IN LIBRA · SATURDAY, 20 SEPTEMBER 2036

## Libra

*This ritual is about personal identity, confidence, and claiming a new beginning.*

This New Moon in *Libra* falls in your own sky, which means the most radical thing you can do right now is decide, clearly and without hedging, who you are becoming.

### PREPARATION

Face east. Stand for a moment before you sit — let your spine lengthen, let your feet feel the floor, let the direction of the rising sun orient something in your body toward what is new and possible. Clear the space quickly and with intention, making room not just on the surface but in the energy of the room. Pour a glass of something vivid — a bright wine, a sharp citrus tea — hold it forward for a moment as though in a quiet toast to yourself, and drink with the feeling that you are already becoming someone slightly more fully yourself. Close your eyes and picture yourself moving through the world with the particular quality of presence you have always wanted to carry — the way you want to walk into rooms, speak your first sentence, take up space without apology. Hold that image until it feels less like imagination and more like recognition. The ritual begins now.

### THE RITUAL

Light the **pink candle** and take one full breath as the flame rises — let this moment mark the formal beginning of a new chapter in the story of who you are.

Place three drops of **ylang ylang** oil on your wrists or the pulse points at your throat, letting the scent move into the room as a sensory signal that **your presence has its own signature and it is beautiful**.

Hold the **rose quartz** at the center of your chest and stand — do not sit — for one full minute, feeling the stone rest against your sternum as you breathe and allow **a new and clearer sense of personal direction** to settle into your body.

Carry the **rose quartz** to the east-facing edge of your ritual space and set it down as a marker — a small but deliberate act of planting yourself in the direction of the life ahead.

Return to the **pink candle**, look directly into its flame, and say one word aloud — the single quality you are most committed to embodying in this new cycle — then seal the ritual by pressing your wrists together so the **ylang ylang** mingles between your pulse points, binding the intention to your living breath.

### YOU WILL NEED

pink candle

rose quartz

ylang ylang

♪ energetic drumming or bold orchestral swells