

Planet Positions - May 19, 2026

TRANSIT PLANETS 12:00 UTC

TODAY'S ASPECTS

These days you find it easier to **notice what actually bothers you instead of ignoring it**. Right now you find it easier to ask for what you want without being aggressive or defensive about it.

PLANET	SIGN	DEGREE	PLANET	SIGN	DEGREE
☉ Sun	♉ Taurus	28°31'52"	♅ Uranus	♊ Gemini	1°20'07"
☾ Moon	♋ Cancer	6°23'04"	♆ Neptune	♈ Aries	3°47'05"
☿ Mercury	♊ Gemini	4°29'26"	♇ Pluto Rx	♒ Aquarius	5°28'16"
♀ Venus	♋ Cancer	0°32'36"	♄ Chiron	♈ Aries	28°32'56"
♂ Mars	♉ Taurus	0°25'33"	♁ NNode Rx	♓ Pisces	4°50'13"
♃ Jupiter	♋ Cancer	21°48'32"	♁ Lilith	♐ Sagittarius	16°46'26"
♄ Saturn	♈ Aries	11°06'12"			

TRANSIT ASPECTS

☉ Sun \angle Semi-sextile ♄ Chiron · 0.0°

These days you find it easier to **notice what actually bothers you instead of ignoring it**. This small shift in self-awareness means you can address practical problems before they get worse. The *Sun* and *Chiron* aspect right now creates a quiet window where you see yourself more clearly and can make real changes.

♀ Venus * Sextile ♂ Mars · 0.1°

Right now you find it easier to ask for what you want without being aggressive or defensive about it. *Venus* and *Mars* working together means your **desires and your confidence are aligned**, so you come across as genuine rather than pushy. These days people respond well to you because you want something and you're not afraid to say it, but you're also not trying to force anyone into agreement.

☿ Mercury \square Square ♁ NNode · 0.3°

Right now your usual communication style is working against what you actually need to learn. You find yourself **saying the same things in the same way**, even when people clearly aren't getting it or when a different approach would help. This friction between how you talk and what the moment calls for can feel frustrating, like you're being misunderstood no matter how clearly you think you're speaking.

♇ Pluto \angle Semi-sextile ♁ NNode · 0.6°

These days you find it easier to let go of what no longer fits your life, and people around you notice you're making **practical decisions without dragging your feet**. The *Pluto* semi-sextile *North Node* aspect brings a quiet psychological momentum that helps you act on what you actually need instead of what you think you should want. Over the coming weeks, this supportive current makes personal change feel less like a struggle and more like something you're ready to do anyway.

☿ Mercury * Sextile ♆ Neptune · 0.7°

These days your mind works better with intuition than usual, and you pick up on what people really mean even when they do not say it directly. **You listen more carefully and remember details others miss**, which helps you understand situations more fully. This is a good time to write, have meaningful conversations, or think through problems in a calm and creative way.

♀ Venus \angle Semi-sextile ♅ Uranus · 0.8°

At the moment, you feel drawn to people and situations that are a bit different from your usual circle, and this curiosity brings something fresh into your relationships. You notice you are more **willing to take small social risks**, like suggesting an unusual date idea or reconnecting with someone you have not seen in years. This subtle shift between *Venus* and *Uranus* makes ordinary interactions feel more interesting without pushing you into anything uncomfortable.

♂ Mars \angle Semi-sextile ♅ Uranus · 0.9°

These days you feel **restless in a useful way**, wanting to try new approaches instead of repeating what you already know. Your practical thinking works better when you break your usual routine, so experimenting with different methods at work or in your daily tasks actually produces results. This is a good time to act on small changes you have been considering, since *Mars* and *Uranus* are supporting each other enough that your boldness comes across as refreshing rather than reckless.

☾ Moon \square Quincunx ♇ Pluto · 0.9°

These days you might notice a gap between what you feel and what you think you should do about it. Your emotional reactions feel stronger than usual, and you can't quite figure out why small things are bothering you more. This mismatch between your feelings and your practical choices can make you feel stuck until you take time to understand what's actually upsetting you.

☿ Mercury \triangle Trine ♇ Pluto · 1.0°

Your thinking becomes sharper and more direct right now, and you're able to see through surface explanations to what's actually going on. **You**

notice details others miss and can communicate uncomfortable truths without making people defensive. This is a practical time to have difficult conversations, investigate problems at work, or understand why someone has been behaving a certain way.

♆ Neptune ∟ Semi-sextile ♁ NNode · 1.1°

These days you find it easier to **notice what you actually want instead of what you think you should want**, and that clarity feels unusually natural. *Neptune* softening its angle to your *North Node* means your instincts are pointing you toward choices that genuinely fit who you are becoming. Small moments of recognizing the right direction happen without struggle, and you can trust those quiet inner signals.

♁ Moon △ Trine ♁ NNode · 1.5°

Right now you find it easier to **act on what matters to you** without second-guessing yourself. Your emotional gut feelings and your practical decisions are pointing in the same direction, so you move forward with less internal conflict. This period helps you build real momentum on goals that actually align with who you are.

♆ Neptune * Sextile ♇ Pluto · 1.7°

These days you find it easier to **see through surface appearances and understand what's really going on** in situations that usually confuse you. *Neptune* and *Pluto* are working together right now, which means your practical instincts and your ability to read between the lines are both sharp at the same time. This is a good period to make decisions about things you've been uncertain about, because you can trust both your gut feeling and your logical thinking.

♂ Mars ♂ Conjunction ♃ Chiron · 1.9°

Right now you might feel a sharp urge to fix things that have bothered you for a long time, especially physical discomfort or old injuries. **You're more willing to push through resistance**, and this can help you take action on problems you've been avoiding. The risk is moving too fast without proper care, so slower, deliberate effort works better than forcing results during this period.

♁ Moon ∟ Semi-sextile ☿ Mercury · 1.9°

These days your thoughts and feelings are **naturally aligned**, so what you say matches what you actually feel inside. You find it easier to explain what is bothering you or what you need without getting confused or defensive. This makes conversations smoother because people understand you the first time instead of having to guess what you mean.

☉ Sun ∟ Semi-sextile ♂ Mars · 1.9°

These days you feel **motivated to take small steps forward** without forcing things or burning out. Your practical energy matches what you actually want to do right now, so starting a project or having a difficult conversation feels less exhausting than usual. This is a good window to build momentum on something you care about while the effort still feels natural.

♀ Venus * Sextile ♃ Chiron · 2.0°

Right now you find it easier to **talk about things that usually hurt**, and people respond with genuine interest instead of dismissal. This period brings a practical softness to relationships where you can admit a weakness without fear of being judged or rejected. *Venus* sextile *Chiron* makes emotional honesty feel safe, so conversations that normally feel risky become surprisingly straightforward.

☉ Sun ∟ Semi-sextile ♀ Venus · 2.0°

Right now you find it easier to notice what you like about people around you, and that makes your social interactions feel smoother. You're more likely to **compliment someone without overthinking it** or suggest doing something enjoyable together. This isn't a dramatic shift, but these days small acts of kindness and warmth come more naturally to you.

♃ Uranus * Sextile ♆ Neptune · 2.4°

These days you find it easier to imagine practical solutions to problems that seemed stuck before. **Your creative thinking and willingness to experiment combine naturally**, so you might surprise yourself with ideas that are both original and actually doable. This is a good time to pitch new projects or explore unconventional approaches in your work or personal life, because people around you are more open to what's different right now.

♁ Moon □ Square ♆ Neptune · 2.6°

Right now your emotional responses feel disconnected from what is actually happening around you. You might **overreact to small problems or miss real warning signs** because your feelings are not matching the facts. This mismatch between what you feel and what is real makes it hard to trust your own judgment about people and situations.

♃ Uranus ∟ Semi-sextile ♃ Chiron · 2.8°

These days you feel more willing to try new approaches to problems that have bothered you for a long time, and small experiments often work better than you expect. This is a good time to **test out different strategies** without pressure, because your usual defenses are relaxed enough to let you learn from what doesn't work. Over the coming weeks, you may notice that getting unstuck happens through doing something slightly different rather than thinking your way out.

☉ Sun ♂ Conjunction ♃ Uranus · 2.8°

At the moment, you feel **restless and impatient with routines that normally work fine**. You might suddenly want to change something about how you look, where you work, or how you spend your time, even if there's no real problem. This push to break free or do something different is normal right now, so notice what you actually want to change versus what's just nervous energy looking for an outlet.

♁ Moon □ Square ♄ Saturn · 4.7°

At the moment, you feel **disconnected from people around you**, even when you are with them. Your emotional needs seem to clash with what is practical or realistic, leaving you frustrated. *Moon* square *Saturn* makes you withdraw when you actually need support most.