



SOLAR RETURN

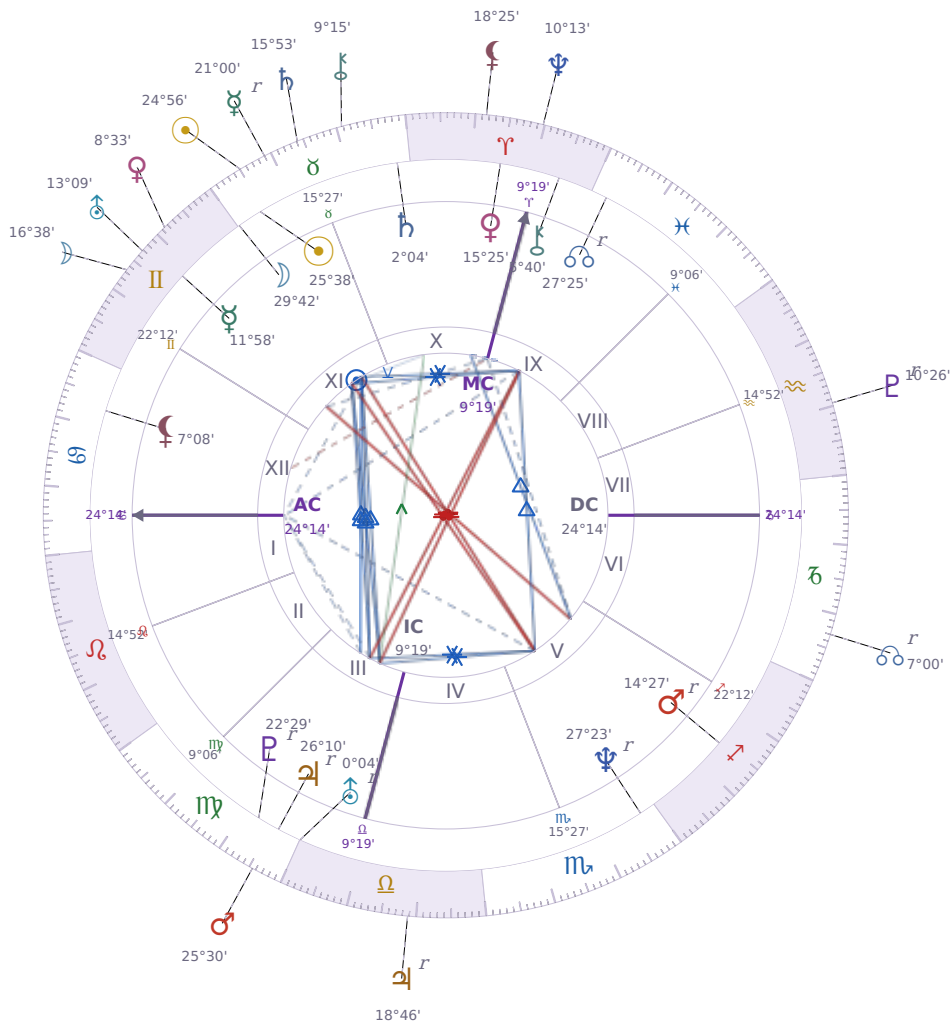
Tucker Swanson McNear Carlson

American political commentator (born 1969)

♉ Taurus May 16, 1969 10:07 San Francisco

15 May 2029 · 07:15 (14:15 UTC) · San Francisco

Solar ASC ♊ Gemini · MC ♒ Aquarius



NATAL PLANETS

☉ Sun	in	♉	Taurus	25°38'
☾ Moon	in	♉	Taurus	29°42'
☿ Mercury	in	♊	Gemini	11°58'
♀ Venus	in	♈	Aries	15°25'
♂ Mars	in	♐	Sagittarius	14°27'
♃ Jupiter	in	♍	Virgo	26°10'
♄ Saturn	in	♉	Taurus	2°04'

SOLAR RETURN PLANETS

☉ Sun	in	♉	Taurus	24°56'
☾ Moon	in	♊	Gemini	16°38'
☿ Mercury	in	♉	Taurus	Rx 21°00'
♀ Venus	in	♊	Gemini	8°33'
♂ Mars	in	♍	Virgo	25°30'
♃ Jupiter	in	♎	Libra	Rx 18°46'
♄ Saturn	in	♉	Taurus	15°53'

♅ Uranus	in	♎	Libra	0°04'	♅ Uranus	in	♊	Gemini	13°09'
♆ Neptune	in	♏	Scorpio	27°23'	♆ Neptune	in	♈	Aries	10°13'
♇ Pluto	in	♍	Virgo	22°29'	♇ Pluto	in	♒	Aquarius	Rx 10°26'
♁ Chiron	in	♈	Aries	5°40'	♁ Chiron	in	♉	Taurus	9°15'
♊ North Node	in	♓	Pisces	27°25'	♊ NNode	in	♐	Capricorn	Rx 7°00'
♋ Lilith	in	♋	Cancer	7°08'	♋ Lilith	in	♈	Aries	18°25'

SOLAR ANALYSIS

Solar ASC ♊ Gemini → natal H11 — Community & Goals

The year is shaped by **friendships, communities, collective goals, and your vision for the future**. Social connections carry unusual significance — who you spend time with and what groups you belong to will leave a lasting mark. Long-term goals that have been forming in the background come into sharper focus. This is an excellent year for collaborative projects, finding your people, and **aligning your daily choices with your larger vision** for where your life is going.

Dispositor ♿ Mercury → ♉ Taurus · natal H11 — Community & Goals

With the dispositor in the eleventh house, the year's themes **express through community, collective goals, and the future**. Social networks, group affiliations, and long-term aspirations become the channel. The year's energy flows most productively when you're working toward shared goals with others who share your values. **Friendships and alliances** are not just support — they're the mechanism through which this year's potential gets realized.

Singleton: ♆ Neptune (Fire)

One planet carries your entire fire element — all impulse, confidence, and forward drive flows through it alone. When that planet is strong or well-aspected, you can be surprisingly decisive and energised. When it is under pressure or retrograde, motivation drops sharply and impatience turns inward. **You tend to act in concentrated bursts** rather than maintaining steady momentum, which can make you highly effective in short intense efforts but harder to sustain over long stretches without clear direction.

Missing element: Water

No planets in water signs means emotional depth, intuition, and sitting with feelings are not natural defaults. You tend to handle emotions through action, analysis, or practical problem-solving rather than experiencing them directly. **To compensate, you often engage emotional life through close relationships** — letting others carry the emotional texture that does not flow easily for you. Building deliberate space for private reflection helps you stay genuinely connected to your own inner life rather than discovering feelings only when they become unavoidable.

♄ Solar Saturn → natal H11 cusp

0.4°

Your friendships and social circles come under scrutiny this year. You will see which people are real and which ones fade. **You stop hanging on to friendships that no longer work**. *Saturn* asks you to be honest about who actually shows up for you.

♂ Natal Mars → solar H7 cusp

0.6°

Your natural assertiveness and drive show up powerfully in partnerships this year. You attract partners who appreciate your confidence and directness. **Taking the lead in relationships feels natural** and others respond well. This is an excellent time to commit, negotiate important agreements, or stand up for yourself in partnerships.

♆ Solar Neptune → natal H10 cusp

0.9°

Your work life becomes harder to read clearly this year. You may find yourself uncertain about what you actually want from your career or which direction to move. **Confusion about professional goals** is common now, and you might chase opportunities that look better than they really are. It helps to get a second opinion before making big work decisions.

♄ Saturn · solar H8/H9 rul. ∟ Semi sextile ♀ natal Venus

Over the coming weeks you're finding it easier to be **straightforward about what you want from people**, and they're responding well instead of pushing back. *Saturn* is helping you separate real affection from neediness, so your relationships feel less exhausting right now. This practical clarity about your own needs is making your social life run more smoothly.

♅ Uranus · solar H10 rul. ♂ Conjunction ♿ natal Mercury

Right now your thinking is unusually **restless and unpredictable**, and you may find yourself jumping between ideas or changing your mind more often than usual. People around you might notice you're speaking differently—more bluntly, more rapidly, or bringing up subjects you normally wouldn't mention. Over the coming weeks, this can shake up how you communicate at work or in relationships, so it helps to notice when you're being impulsive with your words.

♅ Uranus · solar H10 rul. ♂ Opposition ♂ natal Mars

Right now you feel **restless and impatient with your own plans**, and anything that requires you to wait or follow a schedule feels unbearable. You may act on impulse in situations where you normally think things through, which can create friction with people who depend on your reliability. Over the coming weeks, this clash between your need for sudden change and your usual way of taking action will force you to notice where you've become too rigid or stuck.

♂ Mars △ Trine ☉ natal Sun

These days you have natural **momentum behind your plans**, and things you start tend to move forward without you having to push as hard. Your physical energy is steady and reliable right now, so you can tackle practical tasks or exercise routines without the usual fatigue getting in the way. The combination of *Mars* and your *Sun* means your confidence and your ability to act are working together, making it easier to do things that actually matter to you.

♂ Mars ☌ Conjunction ♃ natal Jupiter

You feel **more confident taking action** on things you have been thinking about for weeks. Your appetite for challenges grows right now, and you are willing to push harder than usual at work or in personal projects. Over the coming weeks, watch that you don't overcommit or say yes to everything just because you feel capable of doing it.

☉ Sun · solar H4 rul. ☌ Conjunction ☉ natal Sun

Your sense of what you want from life becomes clearer right now, and you naturally act on it more directly. You feel more confident in social and professional situations, which means people respond better to you. This is a good window to start something new or push forward with a goal you've been sitting on.

☉ Sun · solar H4 rul. △ Trine ♃ natal Jupiter

Right now you find it easier to take reasonable risks and see possibilities instead of obstacles in your practical situations. You feel more confident in social settings and people respond well to your **natural optimism**, which makes conversations flow and opportunities show up. This period is ideal for pitching ideas, asking for what you want, or starting something new because your timing feels right and your judgment is solid.

☾ Moon · solar H2/H3 rul. * Sextile ♀ natal Venus

While this lasts, you find it easier to express affection and say what you actually appreciate about people in your life. Your **warmth comes across naturally**, and others respond well to you without you having to try hard. These days are good ones to reach out to someone you care about or do something kind that you have been putting off.

ECLIPSES & LUNATIONS · 2029

15 Mar ● New Moon ♋ Pisces

29 Mar ○ Full Moon ♎ Libra

14 Apr ● New Moon ♈ Aries

14 May ● New Moon ♉ Taurus

27 May ○ Full Moon ♐ Sagittarius

25 Jun ○ Full Moon ♐ Sagittarius Eclipse

8 Sep ● New Moon ♍ Virgo

22 Sep ○ Full Moon ♋ Pisces

21 Oct ○ Full Moon ♈ Aries

20 Nov ○ Full Moon ♉ Taurus

6 Dec ● New Moon ♐ Sagittarius Eclipse

KEY TRANSITS BY QUARTER

Q1 · Jan-Mar

- Feb · Neptune Square natal Lilith
- Jan · Neptune Conjunction natal Chiron
- Jan · Neptune Square natal Lilith
- Feb · Saturn Sextile natal Lilith

Q2 · Apr-Jun

- 25 Jun · Full Moon Sagittarius (Eclipse)
- Apr · Uranus Conjunction natal Mercury
- Jun · Uranus Sextile natal Venus
- Jun · Uranus Opposition natal Mars

Q3 · Jul-Sep

- Jul · Saturn Trine natal Pluto
- Sep · Saturn Conjunction natal Sun
- Jul · Neptune Sextile natal Mercury
- Aug · Saturn Conjunction natal Sun

Q4 · Oct-Dec

- 6 Dec · New Moon Sagittarius (Eclipse)
- Dec · Uranus Sextile natal Venus
- Nov · Saturn Trine natal Pluto
- Dec · Neptune Square natal Lilith

