

Retrograde Dates 2020

Today · May 28, 2026 — Retrograde period — Stationary — Retrograde — Direct J F M ... = months of the year

INNER PLANETS

☿ **Mercury** · Communication · Contracts · Technology

3x Rx

☉ Feb 16 → ☾ Feb 17 → ☽ Mar 10 → ☿ Mar 11 **Pisces**



☉ Jun 17 → ☾ Jun 18 → ☽ Jul 12 → ☿ Jul 13 **Cancer**



☉ Oct 13 → ☾ Oct 14 → ☽ Nov 4 → ☿ Nov 5 **Scorpio**



Mercury Retrograde is an invitation to reconsider words, contracts, and plans. Avoid new starts in communication and technology. A good time for revision, review, and completing unfinished work.

♀ **Venus** · Love · Values · Beauty

1x Rx

☉ May 12 → ☾ May 13 → ☽ Jun 25 → ♀ Jun 26 **Gemini**



Venus Retrograde turns attention inward to values and relationships. Avoid new romantic commitments or major purchases. A good time to reassess what and who truly matters.

♂ **Mars** · Action · Energy · Initiative

1x Rx

☉ Sep 9 → ☾ Sep 10 → ☽ Nov 14 → ♂ Nov 15 **Aries**



Mars Retrograde slows initiative and redirects energy inward. Avoid launching new projects or confrontations. A good time to review strategy and consolidate existing efforts.

OUTER & SOCIAL PLANETS

♃ **Jupiter** · Expansion · Success · Wisdom

1x Rx

☉ May 14 → ☾ May 15 → ☽ Sep 13 → ♃ Sep 14 **Capricorn**



Jupiter Retrograde turns expansion inward — reconsider beliefs and growth strategies. Success requires depth, not just enthusiasm. A good time for philosophical reflection.

♄ **Saturn** · Structure · Discipline · Karma

1x Rx

☉ May 10 → ☾ May 11 → ☽ Sep 29 → ♄ Sep 30 **Aquarius**

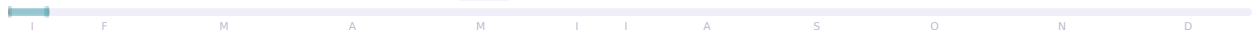


Saturn Retrograde surfaces unfinished tasks and structural weaknesses. A good time to review commitments, work, and long-term goals. Past obligations come to the fore.

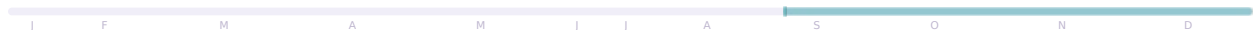
♅ **Uranus** · Change · Freedom · Innovation

2x Rx

☉ Dec 22 → ☾ Dec 22 → ☽ Jan 11 → ♅ Jan 12 **Taurus**



☉ Aug 15 → ☾ Aug 16 → ☽ Jan 10 → ♅ Jan 11 **Taurus**



↳ D Jan 11, 2021

Uranus Retrograde slows revolution — changes become more gradual and internal. A good time to reconsider personal freedom and beliefs without external provocation.

♆ **Neptune** · Dreams · Spirituality · Illusions

1x Rx

♁ Jun 22 → ♁ Jun 23 → ♁ Nov 29 → ♁ Nov 30 **Pisces**



Neptune Retrograde disperses the fog — illusions become more visible. A good time for spiritual clarity and honest self-knowledge. Avoid unrealistic projects.

♇ **Pluto** · Transformation · Power · Rebirth

1x Rx

♁ Apr 25 → ♁ Apr 26 → ♁ Oct 5 → ♁ Oct 6 **Capricorn**



Pluto Retrograde surfaces hidden dynamics and questions of power. A period of deep internal transformation, especially around control, loss, and release.

S = Stationary (planet appears to stop) · R = Retrograde begins · D = Direct motion resumes. The stationary days around S are the most intense — the planet's themes peak.