

Retrograde Dates 2023

Today · May 27, 2026 ■ Retrograde period Ⓢ Stationary Ⓡ Retrograde Ⓣ Direct J F M ... = months of the year

INNER PLANETS

♿ Mercury · Communication · Contracts · Technology 4x Rx

Ⓢ Dec 28 → Ⓡ Dec 29 → Ⓢ Jan 19 → Ⓣ Jan 20 Capricorn

Ⓢ Apr 20 → Ⓡ Apr 21 → Ⓢ May 15 → Ⓣ May 16 Taurus

Ⓢ Aug 23 → Ⓡ Aug 24 → Ⓢ Sep 16 → Ⓣ Sep 17 Virgo

Ⓢ Dec 12 → Ⓡ Dec 13 → Ⓢ Jan 2 → Ⓣ Jan 3 Capricorn

↳ D Jan 3, 2024

Mercury Retrograde is an invitation to reconsider words, contracts, and plans. Avoid new starts in communication and technology. A good time for revision, review, and completing unfinished work.

♀ Venus · Love · Values · Beauty 1x Rx

Ⓢ Jul 22 → Ⓡ Jul 23 → Ⓢ Sep 4 → Ⓣ Sep 5 Leo

Venus Retrograde turns attention inward to values and relationships. Avoid new romantic commitments or major purchases. A good time to reassess what and who truly matters.

♂ Mars · Action · Energy · Initiative 1x Rx

Ⓢ Dec 22 → Ⓡ Dec 22 → Ⓢ Jan 13 → Ⓣ Jan 14 Gemini

Mars Retrograde slows initiative and redirects energy inward. Avoid launching new projects or confrontations. A good time to review strategy and consolidate existing efforts.

OUTER & SOCIAL PLANETS

♃ Jupiter · Expansion · Success · Wisdom 1x Rx

Ⓢ Sep 4 → Ⓡ Sep 5 → Ⓢ Dec 31 → Ⓣ Jan 1 Taurus

Jupiter Retrograde turns expansion inward — reconsider beliefs and growth strategies. Success requires depth, not just enthusiasm. A good time for philosophical reflection.

♄ Saturn · Structure · Discipline · Karma 1x Rx

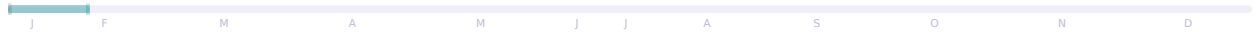
Ⓢ Jun 17 → Ⓡ Jun 18 → Ⓢ Nov 4 → Ⓣ Nov 5 Pisces

Saturn Retrograde surfaces unfinished tasks and structural weaknesses. A good time to review commitments, work, and long-term goals. Past obligations come to the fore.

♅ **Uranus** · Change · Freedom · Innovation

2x Rx

♁ Dec 22 → ♄ Dec 22 → ♁ Jan 23 → ♃ Jan 24 Taurus



♁ Aug 28 → ♄ Aug 29 → ♁ Jan 10 → ♃ Jan 11 Taurus



↳ D Jan 11, 2024

Uranus Retrograde slows revolution — changes become more gradual and internal. A good time to reconsider personal freedom and beliefs without external provocation.

♆ **Neptune** · Dreams · Spirituality · Illusions

1x Rx

♁ Jun 30 → ♄ Jul 1 → ♁ Dec 7 → ♃ Dec 8 Pisces



Neptune Retrograde disperses the fog — illusions become more visible. A good time for spiritual clarity and honest self-knowledge. Avoid unrealistic projects.

♇ **Pluto** · Transformation · Power · Rebirth

1x Rx

♁ May 1 → ♄ May 2 → ♁ Oct 11 → ♃ Oct 12 Aquarius



Pluto Retrograde surfaces hidden dynamics and questions of power. A period of deep internal transformation, especially around control, loss, and release.

S = Stationary (planet appears to stop) · R = Retrograde begins · D = Direct motion resumes. The stationary days around S are the most intense — the planet's themes peak.