

Retrograde Dates 2024

Today · May 27, 2026 — Retrograde period — Stationary — Retrograde — Direct J F M ... = months of the year

INNER PLANETS

♿ **Mercury** · Communication · Contracts · Technology 4x Rx

S Dec 22 → R Dec 22 → S Jan 2 → D Jan 3 Capricorn

S Apr 1 → R Apr 2 → S Apr 26 → D Apr 27 Aries

S Aug 4 → R Aug 5 → S Aug 29 → D Aug 30 Virgo

S Nov 25 → R Nov 26 → S Dec 16 → D Dec 17 Sagittarius

Mercury Retrograde is an invitation to reconsider words, contracts, and plans. Avoid new starts in communication and technology. A good time for revision, review, and completing unfinished work.

♀ **Venus** · Love · Values · Beauty no Rx in 2024

no Rx in 2024

Venus Retrograde turns attention inward to values and relationships. Avoid new romantic commitments or major purchases. A good time to reassess what and who truly matters.

♂ **Mars** · Action · Energy · Initiative 1x Rx

S Dec 6 → R Dec 7 → S Jan 10 → D Jan 11 Leo

↳ D Jan 11, 2025

Mars Retrograde slows initiative and redirects energy inward. Avoid launching new projects or confrontations. A good time to review strategy and consolidate existing efforts.

OUTER & SOCIAL PLANETS

♃ **Jupiter** · Expansion · Success · Wisdom 1x Rx

S Oct 8 → R Oct 9 → S Jan 10 → D Jan 11 Gemini

↳ D Jan 11, 2025

Jupiter Retrograde turns expansion inward — reconsider beliefs and growth strategies. Success requires depth, not just enthusiasm. A good time for philosophical reflection.

♄ **Saturn** · Structure · Discipline · Karma 1x Rx

S Jun 29 → R Jun 30 → S Nov 16 → D Nov 17 Pisces

Saturn Retrograde surfaces unfinished tasks and structural weaknesses. A good time to review commitments, work, and long-term goals. Past obligations come to the fore.

♅ **Uranus** · Change · Freedom · Innovation 2x Rx

S Dec 22 → R Dec 22 → S Jan 27 → D Jan 28 Taurus

S Sep 1 → R Sep 2 → S Jan 10 → D Jan 11 Taurus

↳ D Jan 11, 2025

Uranus Retrograde slows revolution — changes become more gradual and internal. A good time to reconsider personal freedom and beliefs without external provocation.

♆ **Neptune** · Dreams · Spirituality · Illusions

1x Rx

♁ Jul 1 → ♋ Jul 2 → ♁ Dec 8 → ♎ Dec 9 **Pisces**



Neptune Retrograde disperses the fog — illusions become more visible. A good time for spiritual clarity and honest self-knowledge. Avoid unrealistic projects.

♇ **Pluto** · Transformation · Power · Rebirth

1x Rx

♁ May 2 → ♋ May 3 → ♁ Oct 12 → ♎ Oct 13 **Aquarius**



Pluto Retrograde surfaces hidden dynamics and questions of power. A period of deep internal transformation, especially around control, loss, and release.

S = Stationary (planet appears to stop) · R = Retrograde begins · D = Direct motion resumes. The stationary days around S are the most intense — the planet's themes peak.