

## Retrograde Dates 2026

| Today · Jul 11, 2026    ■ Retrograde period    Ⓢ Stationary    Ⓡ Retrograde    Ⓣ Direct    J F M ... = months of the year

### INNER PLANETS

**☿ Mercury** · Communication · Contracts · Technology 3x Rx ● Active

Ⓢ Feb 25 → Ⓡ Feb 26 → Ⓢ Mar 21 → Ⓣ Mar 22 Pisces

Ⓢ Jun 29 → Ⓡ Jun 30 → Ⓢ Jul 24 → Ⓣ Jul 25 Cancer ● Active

Ⓢ Oct 23 → Ⓡ Oct 24 → Ⓢ Nov 14 → Ⓣ Nov 15 Scorpio

Mercury Retrograde is an invitation to reconsider words, contracts, and plans. Avoid new starts in communication and technology. A good time for revision, review, and completing unfinished work.

**♀ Venus** · Love · Values · Beauty 1x Rx

Ⓢ Oct 2 → Ⓡ Oct 3 → Ⓢ Nov 14 → Ⓣ Nov 15 Scorpio

Venus Retrograde turns attention inward to values and relationships. Avoid new romantic commitments or major purchases. A good time to reassess what and who truly matters.

**♂ Mars** · Action · Energy · Initiative no Rx in 2026

no Rx in 2026

Mars Retrograde slows initiative and redirects energy inward. Avoid launching new projects or confrontations. A good time to review strategy and consolidate existing efforts.

### OUTER & SOCIAL PLANETS

**♃ Jupiter** · Expansion · Success · Wisdom 2x Rx

Ⓢ Dec 22 → Ⓡ Dec 22 → Ⓢ Mar 11 → Ⓣ Mar 12 Cancer

Ⓢ Dec 12 → Ⓡ Dec 13 → Ⓢ Jan 10 → Ⓣ Jan 11 Leo

↳ D Jan 11, 2027

Jupiter Retrograde turns expansion inward — reconsider beliefs and growth strategies. Success requires depth, not just enthusiasm. A good time for philosophical reflection.

**♄ Saturn** · Structure · Discipline · Karma 1x Rx

Ⓢ Jul 26 → Ⓡ Jul 27 → Ⓢ Dec 11 → Ⓣ Dec 12 Aries

Saturn Retrograde surfaces unfinished tasks and structural weaknesses. A good time to review commitments, work, and long-term goals. Past obligations come to the fore.

**♅ Uranus** · Change · Freedom · Innovation 2x Rx

Ⓢ Dec 22 → Ⓡ Dec 22 → Ⓢ Feb 4 → Ⓣ Feb 5 Taurus

Ⓢ Sep 10 → Ⓡ Sep 11 → Ⓢ Jan 10 → Ⓣ Jan 11 Gemini

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Uranus Retrograde slows revolution — changes become more gradual and internal. A good time to reconsider personal freedom and beliefs without external provocation.

♆ **Neptune** · Dreams · Spirituality · Illusions

1x Rx ● Active

♁ Jul 6 → ♈ Jul 7 → ♁ Dec 13 → ♄ Dec 14 Aries ● Active



Neptune Retrograde disperses the fog — illusions become more visible. A good time for spiritual clarity and honest self-knowledge. Avoid unrealistic projects.

♇ **Pluto** · Transformation · Power · Rebirth

1x Rx ● Active

♁ May 6 → ♈ May 7 → ♁ Oct 16 → ♄ Oct 17 Aquarius ● Active



Pluto Retrograde surfaces hidden dynamics and questions of power. A period of deep internal transformation, especially around control, loss, and release.

S = Stationary (planet appears to stop) · R = Retrograde begins · D = Direct motion resumes. The stationary days around S are the most intense — the planet's themes peak.