

Retrograde Dates 2026

Today · Jun 7, 2026 — Retrograde period — Stationary — Retrograde — Direct J F M ... = months of the year

INNER PLANETS

♿ **Mercury** · Communication · Contracts · Technology 3x Rx

● Feb 25 → ● Feb 26 → ● Mar 21 → ● Mar 22 Pisces

● Jun 29 → ● Jun 30 → ● Jul 24 → ● Jul 25 Cancer

● Oct 23 → ● Oct 24 → ● Nov 14 → ● Nov 15 Scorpio

Mercury Retrograde is an invitation to reconsider words, contracts, and plans. Avoid new starts in communication and technology. A good time for revision, review, and completing unfinished work.

♀ **Venus** · Love · Values · Beauty 1x Rx

● Oct 2 → ● Oct 3 → ● Nov 14 → ● Nov 15 Scorpio

Venus Retrograde turns attention inward to values and relationships. Avoid new romantic commitments or major purchases. A good time to reassess what and who truly matters.

♂ **Mars** · Action · Energy · Initiative no Rx in 2026

no Rx in 2026

Mars Retrograde slows initiative and redirects energy inward. Avoid launching new projects or confrontations. A good time to review strategy and consolidate existing efforts.

OUTER & SOCIAL PLANETS

♃ **Jupiter** · Expansion · Success · Wisdom 2x Rx

● Dec 22 → ● Dec 22 → ● Mar 11 → ● Mar 12 Cancer

● Dec 12 → ● Dec 13 → ● Jan 10 → ● Jan 11 Leo

↳ D Jan 11, 2027

Jupiter Retrograde turns expansion inward — reconsider beliefs and growth strategies. Success requires depth, not just enthusiasm. A good time for philosophical reflection.

♄ **Saturn** · Structure · Discipline · Karma 1x Rx

● Jul 26 → ● Jul 27 → ● Dec 11 → ● Dec 12 Aries

Saturn Retrograde surfaces unfinished tasks and structural weaknesses. A good time to review commitments, work, and long-term goals. Past obligations come to the fore.

♅ **Uranus** · Change · Freedom · Innovation 2x Rx

● Dec 22 → ● Dec 22 → ● Feb 4 → ● Feb 5 Taurus

● Sep 10 → ● Sep 11 → ● Jan 10 → ● Jan 11 Gemini

↳ D Jan 11, 2027

Uranus Retrograde slows revolution — changes become more gradual and internal. A good time to reconsider personal freedom and beliefs without external provocation.

♆ **Neptune** · Dreams · Spirituality · Illusions

1x Rx

♁ Jul 6 → ♋ Jul 7 → ♁ Dec 13 → ♎ Dec 14 **Aries**



Neptune Retrograde disperses the fog — illusions become more visible. A good time for spiritual clarity and honest self-knowledge. Avoid unrealistic projects.

♇ **Pluto** · Transformation · Power · Rebirth

1x Rx ● Active

♁ May 6 → ♋ May 7 → ♁ Oct 16 → ♎ Oct 17 **Aquarius** ● Active



Pluto Retrograde surfaces hidden dynamics and questions of power. A period of deep internal transformation, especially around control, loss, and release.

S = Stationary (planet appears to stop) · R = Retrograde begins · D = Direct motion resumes. The stationary days around S are the most intense — the planet's themes peak.