

Retrograde Dates 2028

Today · Jul 11, 2026 — Retrograde period — Stationary — Retrograde — Direct — J F M ... = months of the year

INNER PLANETS

♿ **Mercury** · Communication · Contracts · Technology 3x Rx

S Jan 23 → R Jan 24 → S Feb 15 → D Feb 16 Aquarius

J F M A M J J A S O N D

S May 20 → R May 21 → S Jun 14 → D Jun 15 Gemini

J F M A M J J A S O N D

S Sep 19 → R Sep 20 → S Oct 11 → D Oct 12 Libra

J F M A M J J A S O N D

Mercury Retrograde is an invitation to reconsider words, contracts, and plans. Avoid new starts in communication and technology. A good time for revision, review, and completing unfinished work.

♀ **Venus** · Love · Values · Beauty 1x Rx

S May 10 → R May 11 → S Jun 23 → D Jun 24 Gemini

J F M A M J J A S O N D

Venus Retrograde turns attention inward to values and relationships. Avoid new romantic commitments or major purchases. A good time to reassess what and who truly matters.

♂ **Mars** · Action · Energy · Initiative no Rx in 2028

no Rx in 2028

Mars Retrograde slows initiative and redirects energy inward. Avoid launching new projects or confrontations. A good time to review strategy and consolidate existing efforts.

OUTER & SOCIAL PLANETS

♃ **Jupiter** · Expansion · Success · Wisdom 1x Rx

S Jan 11 → R Jan 12 → S May 14 → D May 15 Virgo

J F M A M J J A S O N D

Jupiter Retrograde turns expansion inward — reconsider beliefs and growth strategies. Success requires depth, not just enthusiasm. A good time for philosophical reflection.

♄ **Saturn** · Structure · Discipline · Karma 1x Rx

S Aug 22 → R Aug 23 → S Jan 6 → D Jan 7 Taurus

J F M A M J J A S O N D

↳ D Jan 7, 2029

Saturn Retrograde surfaces unfinished tasks and structural weaknesses. A good time to review commitments, work, and long-term goals. Past obligations come to the fore.

♅ **Uranus** · Change · Freedom · Innovation 2x Rx

S Dec 22 → R Dec 22 → S Feb 13 → D Feb 14 Gemini

J F M A M J J A S O N D

S Sep 18 → R Sep 19 → S Jan 10 → D Jan 11 Gemini

J F M A M J J A S O N D

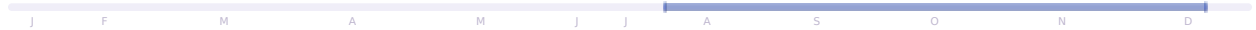
↳ D Jan 11, 2029

Uranus Retrograde slows revolution — changes become more gradual and internal. A good time to reconsider personal freedom and beliefs without external provocation.

♆ **Neptune** · Dreams · Spirituality · Illusions

1x Rx

♁ Jul 11 → ♈ Jul 12 → ♁ Dec 17 → ♏ Dec 18 **Aries**



Neptune Retrograde disperses the fog — illusions become more visible. A good time for spiritual clarity and honest self-knowledge. Avoid unrealistic projects.

♇ **Pluto** · Transformation · Power · Rebirth

1x Rx

♁ May 8 → ♈ May 9 → ♁ Oct 19 → ♏ Oct 20 **Aquarius**



Pluto Retrograde surfaces hidden dynamics and questions of power. A period of deep internal transformation, especially around control, loss, and release.

S = Stationary (planet appears to stop) · R = Retrograde begins · D = Direct motion resumes. The stationary days around S are the most intense — the planet's themes peak.