

## Retrograde Dates 2029

Today · Jun 25, 2026 — Retrograde period — Stationary — Retrograde — Direct — J F M ... = months of the year

### INNER PLANETS

♿ **Mercury** · Communication · Contracts · Technology 4x Rx

S Jan 6 → R Jan 7 → S Jan 28 → D Jan 29 Aquarius

S May 1 → R May 2 → S May 26 → D May 27 Taurus

S Sep 2 → R Sep 3 → S Sep 25 → D Sep 26 Libra

S Dec 21 → R Dec 22 → S Jan 10 → D Jan 11 Capricorn

↳ D Jan 11, 2030

Mercury Retrograde is an invitation to reconsider words, contracts, and plans. Avoid new starts in communication and technology. A good time for revision, review, and completing unfinished work.

♀ **Venus** · Love · Values · Beauty 1x Rx

S Dec 16 → R Dec 17 → S Jan 10 → D Jan 11 Capricorn

↳ D Jan 11, 2030

Venus Retrograde turns attention inward to values and relationships. Avoid new romantic commitments or major purchases. A good time to reassess what and who truly matters.

♂ **Mars** · Action · Energy · Initiative 1x Rx

S Feb 13 → R Feb 14 → S May 6 → D May 7 Libra

Mars Retrograde slows initiative and redirects energy inward. Avoid launching new projects or confrontations. A good time to review strategy and consolidate existing efforts.

### OUTER & SOCIAL PLANETS

♃ **Jupiter** · Expansion · Success · Wisdom 1x Rx

S Feb 10 → R Feb 11 → S Jun 14 → D Jun 15 Libra

Jupiter Retrograde turns expansion inward — reconsider beliefs and growth strategies. Success requires depth, not just enthusiasm. A good time for philosophical reflection.

♄ **Saturn** · Structure · Discipline · Karma 2x Rx

S Dec 22 → R Dec 22 → S Jan 6 → D Jan 7 Taurus

S Sep 5 → R Sep 6 → S Jan 10 → D Jan 11 Taurus

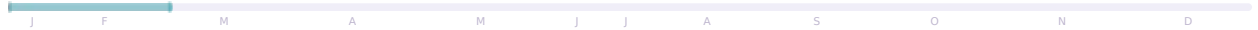
↳ D Jan 11, 2030

Saturn Retrograde surfaces unfinished tasks and structural weaknesses. A good time to review commitments, work, and long-term goals. Past obligations come to the fore.

♅ **Uranus** · Change · Freedom · Innovation

2x Rx

♁ Dec 22 → ♄ Dec 22 → ♁ Feb 16 → ♃ Feb 17 Gemini



♁ Sep 23 → ♄ Sep 24 → ♁ Jan 10 → ♃ Jan 11 Gemini



↳ *D Jan 11, 2030*

Uranus Retrograde slows revolution — changes become more gradual and internal. A good time to reconsider personal freedom and beliefs without external provocation.

♆ **Neptune** · Dreams · Spirituality · Illusions

1x Rx

♁ Jul 13 → ♄ Jul 14 → ♁ Dec 19 → ♃ Dec 20 Aries



Neptune Retrograde disperses the fog — illusions become more visible. A good time for spiritual clarity and honest self-knowledge. Avoid unrealistic projects.

♇ **Pluto** · Transformation · Power · Rebirth

1x Rx

♁ May 10 → ♄ May 11 → ♁ Oct 21 → ♃ Oct 22 Aquarius



Pluto Retrograde surfaces hidden dynamics and questions of power. A period of deep internal transformation, especially around control, loss, and release.

S = Stationary (planet appears to stop) · R = Retrograde begins · D = Direct motion resumes. The stationary days around S are the most intense — the planet's themes peak.