

Retrograde Dates 2030

Today · May 27, 2026 — Retrograde period — Stationary — Retrograde — Direct J F M ... = months of the year

INNER PLANETS

♿ **Mercury** · Communication · Contracts · Technology 4x Rx

● Dec 22 → ● Dec 22 → ● Jan 11 → ● Jan 12 Capricorn

● Apr 12 → ● Apr 13 → ● May 7 → ● May 8 Taurus

● Aug 15 → ● Aug 16 → ● Sep 8 → ● Sep 9 Virgo

● Dec 5 → ● Dec 6 → ● Dec 26 → ● Dec 27 Capricorn

Mercury Retrograde is an invitation to reconsider words, contracts, and plans. Avoid new starts in communication and technology. A good time for revision, review, and completing unfinished work.

♀ **Venus** · Love · Values · Beauty 1x Rx

● Dec 22 → ● Dec 22 → ● Jan 27 → ● Jan 28 Capricorn

Venus Retrograde turns attention inward to values and relationships. Avoid new romantic commitments or major purchases. A good time to reassess what and who truly matters.

♂ **Mars** · Action · Energy · Initiative no Rx in 2030

no Rx in 2030

Mars Retrograde slows initiative and redirects energy inward. Avoid launching new projects or confrontations. A good time to review strategy and consolidate existing efforts.

OUTER & SOCIAL PLANETS

♃ **Jupiter** · Expansion · Success · Wisdom 1x Rx

● Mar 13 → ● Mar 14 → ● Jul 15 → ● Jul 16 Scorpio

Jupiter Retrograde turns expansion inward — reconsider beliefs and growth strategies. Success requires depth, not just enthusiasm. A good time for philosophical reflection.

♄ **Saturn** · Structure · Discipline · Karma 2x Rx

● Dec 22 → ● Dec 22 → ● Jan 19 → ● Jan 20 Taurus

● Sep 20 → ● Sep 21 → ● Jan 10 → ● Jan 11 Gemini

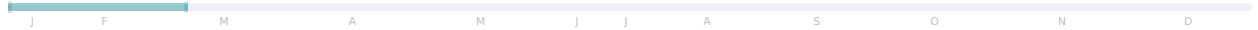
↳ D Jan 11, 2031

Saturn Retrograde surfaces unfinished tasks and structural weaknesses. A good time to review commitments, work, and long-term goals. Past obligations come to the fore.

♅ **Uranus** · Change · Freedom · Innovation

2x Rx

♁ Dec 22 → ♄ Dec 22 → ♁ Feb 21 → ♃ Feb 22 Gemini



♁ Sep 27 → ♄ Sep 28 → ♁ Jan 10 → ♃ Jan 11 Gemini



↳ *D Jan 11, 2031*

Uranus Retrograde slows revolution — changes become more gradual and internal. A good time to reconsider personal freedom and beliefs without external provocation.

♆ **Neptune** · Dreams · Spirituality · Illusions

1x Rx

♁ Jul 16 → ♄ Jul 17 → ♁ Dec 22 → ♃ Dec 23 Aries



Neptune Retrograde disperses the fog — illusions become more visible. A good time for spiritual clarity and honest self-knowledge. Avoid unrealistic projects.

♇ **Pluto** · Transformation · Power · Rebirth

1x Rx

♁ May 12 → ♄ May 13 → ♁ Oct 23 → ♃ Oct 24 Aquarius



Pluto Retrograde surfaces hidden dynamics and questions of power. A period of deep internal transformation, especially around control, loss, and release.

S = Stationary (planet appears to stop) · R = Retrograde begins · D = Direct motion resumes. The stationary days around S are the most intense — the planet's themes peak.