

Retrograde Dates 2031

Today · May 28, 2026 — Retrograde period — Stationary — Retrograde — Direct — J F M ... = months of the year

INNER PLANETS

♿ **Mercury** · Communication · Contracts · Technology

3x Rx

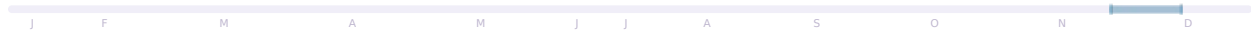
Stationary Mar 25 → Retrograde Mar 26 → Stationary Apr 18 → Direct Apr 19 **Aries**



Stationary Jul 28 → Retrograde Jul 29 → Stationary Aug 22 → Direct Aug 23 **Leo**



Stationary Nov 19 → Retrograde Nov 20 → Stationary Dec 10 → Direct Dec 11 **Sagittarius**

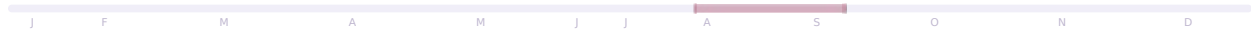


Mercury Retrograde is an invitation to reconsider words, contracts, and plans. Avoid new starts in communication and technology. A good time for revision, review, and completing unfinished work.

♀ **Venus** · Love · Values · Beauty

1x Rx

Stationary Jul 20 → Retrograde Jul 21 → Stationary Sep 2 → Direct Sep 3 **Leo**



Venus Retrograde turns attention inward to values and relationships. Avoid new romantic commitments or major purchases. A good time to reassess what and who truly matters.

♂ **Mars** · Action · Energy · Initiative

1x Rx

Stationary Mar 28 → Retrograde Mar 29 → Stationary Jun 13 → Direct Jun 14 **Scorpio**



Mars Retrograde slows initiative and redirects energy inward. Avoid launching new projects or confrontations. A good time to review strategy and consolidate existing efforts.

OUTER & SOCIAL PLANETS

♃ **Jupiter** · Expansion · Success · Wisdom

1x Rx

Stationary Apr 15 → Retrograde Apr 16 → Stationary Aug 16 → Direct Aug 17 **Sagittarius**



Jupiter Retrograde turns expansion inward — reconsider beliefs and growth strategies. Success requires depth, not just enthusiasm. A good time for philosophical reflection.

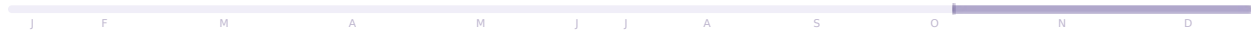
♄ **Saturn** · Structure · Discipline · Karma

2x Rx

Stationary Dec 22 → Retrograde Dec 22 → Stationary Feb 2 → Direct Feb 3 **Gemini**



Stationary Oct 4 → Retrograde Oct 5 → Stationary Jan 10 → Direct Jan 11 **Gemini**



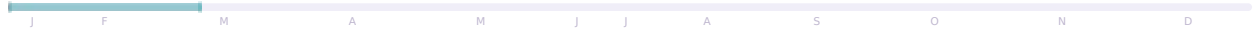
↳ D Jan 11, 2032

Saturn Retrograde surfaces unfinished tasks and structural weaknesses. A good time to review commitments, work, and long-term goals. Past obligations come to the fore.

♅ **Uranus** · Change · Freedom · Innovation

2x Rx

♁ Dec 22 → ♄ Dec 22 → ♁ Feb 25 → ♃ Feb 26 Gemini



♁ Oct 2 → ♄ Oct 3 → ♁ Jan 10 → ♃ Jan 11 Gemini



↳ *D Jan 11, 2032*

Uranus Retrograde slows revolution — changes become more gradual and internal. A good time to reconsider personal freedom and beliefs without external provocation.

♆ **Neptune** · Dreams · Spirituality · Illusions

1x Rx

♁ Jul 18 → ♄ Jul 19 → ♁ Dec 24 → ♃ Dec 25 Aries



Neptune Retrograde disperses the fog — illusions become more visible. A good time for spiritual clarity and honest self-knowledge. Avoid unrealistic projects.

♇ **Pluto** · Transformation · Power · Rebirth

1x Rx

♁ May 14 → ♄ May 15 → ♁ Oct 25 → ♃ Oct 26 Aquarius



Pluto Retrograde surfaces hidden dynamics and questions of power. A period of deep internal transformation, especially around control, loss, and release.

S = Stationary (planet appears to stop) · R = Retrograde begins · D = Direct motion resumes. The stationary days around S are the most intense — the planet's themes peak.