

Retrograde Dates 2034

Today · May 28, 2026 — Retrograde period (S) Stationary (R) Retrograde (D) Direct J F M ... = months of the year

INNER PLANETS

♿ **Mercury** · Communication · Contracts · Technology 3x Rx

(S) Feb 1 → (R) Feb 2 → (S) Feb 24 → (D) Feb 25 Aquarius

(S) Jun 1 → (R) Jun 2 → (S) Jun 26 → (D) Jun 27 Gemini

(S) Sep 29 → (R) Sep 30 → (S) Oct 21 → (D) Oct 22 Libra

Mercury Retrograde is an invitation to reconsider words, contracts, and plans. Avoid new starts in communication and technology. A good time for revision, review, and completing unfinished work.

♀ **Venus** · Love · Values · Beauty 1x Rx

(S) Sep 30 → (R) Oct 1 → (S) Nov 12 → (D) Nov 13 Scorpio

Venus Retrograde turns attention inward to values and relationships. Avoid new romantic commitments or major purchases. A good time to reassess what and who truly matters.

♂ **Mars** · Action · Energy · Initiative no Rx in 2034

no Rx in 2034

Mars Retrograde slows initiative and redirects energy inward. Avoid launching new projects or confrontations. A good time to review strategy and consolidate existing efforts.

OUTER & SOCIAL PLANETS

♃ **Jupiter** · Expansion · Success · Wisdom 1x Rx

(S) Aug 2 → (R) Aug 3 → (S) Nov 29 → (D) Nov 30 Aries

Jupiter Retrograde turns expansion inward — reconsider beliefs and growth strategies. Success requires depth, not just enthusiasm. A good time for philosophical reflection.

♄ **Saturn** · Structure · Discipline · Karma 2x Rx

(S) Dec 22 → (R) Dec 22 → (S) Mar 16 → (D) Mar 17 Cancer

(S) Nov 16 → (R) Nov 17 → (S) Jan 10 → (D) Jan 11 Leo

↳ D Jan 11, 2035

Saturn Retrograde surfaces unfinished tasks and structural weaknesses. A good time to review commitments, work, and long-term goals. Past obligations come to the fore.

♅ **Uranus** · Change · Freedom · Innovation 2x Rx

(S) Dec 22 → (R) Dec 22 → (S) Mar 10 → (D) Mar 11 Cancer

(S) Oct 15 → (R) Oct 16 → (S) Jan 10 → (D) Jan 11 Cancer

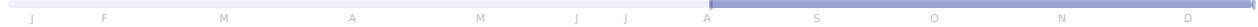
↳ D Jan 11, 2035

Uranus Retrograde slows revolution — changes become more gradual and internal. A good time to reconsider personal freedom and beliefs without external provocation.

♆ **Neptune** · Dreams · Spirituality · Illusions

1x Rx

♁ Jul 25 → ♈ Jul 26 → ♄ Dec 31 → ♀ Jan 1 **Aries**



Neptune Retrograde disperses the fog — illusions become more visible. A good time for spiritual clarity and honest self-knowledge. Avoid unrealistic projects.

♇ **Pluto** · Transformation · Power · Rebirth

1x Rx

♁ May 18 → ♈ May 19 → ♄ Oct 30 → ♀ Oct 31 **Aquarius**



Pluto Retrograde surfaces hidden dynamics and questions of power. A period of deep internal transformation, especially around control, loss, and release.

S = Stationary (planet appears to stop) · R = Retrograde begins · D = Direct motion resumes. The stationary days around S are the most intense — the planet's themes peak.