

Retrograde Dates 2036

Today · May 28, 2026 — Retrograde period — Stationary — Retrograde — Direct J F M ... = months of the year

INNER PLANETS

♿ **Mercury** · Communication · Contracts · Technology 4x Rx

S Dec 31 → R Jan 1 → S Jan 21 → D Jan 22 Capricorn

S Apr 23 → R Apr 24 → S May 17 → D May 18 Taurus

S Aug 25 → R Aug 26 → S Sep 18 → D Sep 19 Virgo

S Dec 14 → R Dec 15 → S Dec 31 → D Jan 1 Capricorn

Mercury Retrograde is an invitation to reconsider words, contracts, and plans. Avoid new starts in communication and technology. A good time for revision, review, and completing unfinished work.

♀ **Venus** · Love · Values · Beauty 1x Rx

S May 8 → R May 9 → S Jun 21 → D Jun 22 Gemini

Venus Retrograde turns attention inward to values and relationships. Avoid new romantic commitments or major purchases. A good time to reassess what and who truly matters.

♂ **Mars** · Action · Energy · Initiative no Rx in 2036

no Rx in 2036

Mars Retrograde slows initiative and redirects energy inward. Avoid launching new projects or confrontations. A good time to review strategy and consolidate existing efforts.

OUTER & SOCIAL PLANETS

♃ **Jupiter** · Expansion · Success · Wisdom 2x Rx

S Dec 22 → R Dec 22 → S Jan 5 → D Jan 6 Taurus

S Oct 13 → R Oct 14 → S Dec 31 → D Jan 1 Gemini

Jupiter Retrograde turns expansion inward — reconsider beliefs and growth strategies. Success requires depth, not just enthusiasm. A good time for philosophical reflection.

♄ **Saturn** · Structure · Discipline · Karma 2x Rx

S Dec 22 → R Dec 22 → S Apr 13 → D Apr 14 Leo

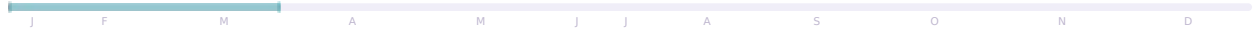
S Dec 12 → R Dec 13 → S Dec 31 → D Jan 1 Virgo

Saturn Retrograde surfaces unfinished tasks and structural weaknesses. A good time to review commitments, work, and long-term goals. Past obligations come to the fore.

♅ **Uranus** · Change · Freedom · Innovation

2x Rx

♁ Dec 22 → ♄ Dec 22 → ♁ Mar 19 → ♃ Mar 20 Cancer



♁ Oct 24 → ♄ Oct 25 → ♁ Dec 31 → ♃ Jan 1 Cancer



Uranus Retrograde slows revolution — changes become more gradual and internal. A good time to reconsider personal freedom and beliefs without external provocation.

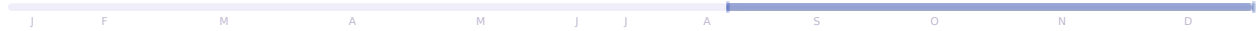
♆ **Neptune** · Dreams · Spirituality · Illusions

2x Rx

♁ Dec 22 → ♄ Dec 22 → ♁ Jan 2 → ♃ Jan 3 Aries



♁ Jul 29 → ♄ Jul 30 → ♁ Dec 31 → ♃ Jan 1 Aries



Neptune Retrograde disperses the fog — illusions become more visible. A good time for spiritual clarity and honest self-knowledge. Avoid unrealistic projects.

♇ **Pluto** · Transformation · Power · Rebirth

1x Rx

♁ May 21 → ♄ May 22 → ♁ Nov 1 → ♃ Nov 2 Aquarius



Pluto Retrograde surfaces hidden dynamics and questions of power. A period of deep internal transformation, especially around control, loss, and release.

S = Stationary (planet appears to stop) · R = Retrograde begins · D = Direct motion resumes. The stationary days around S are the most intense — the planet's themes peak.